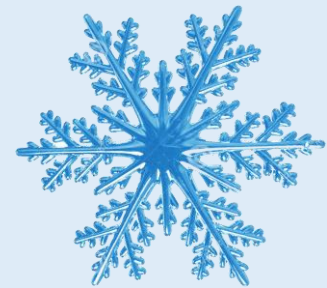





January 2019 Junior School Menu on the Main Course



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
07 Student Holiday Staff Development Day	08 Student Holiday Staff Development Day	09 Breakfast Chocolate Chip Muffin Fruit, Juice, Milk Assorted Cereals Lunch Chicken & Spicy Maple Cinnamon Waffled	10 Breakfast Sausage Breakfast Pizza Fruit, Juice, Milk Assorted Cereals Lunch Ranch Chicken Flatbread Popcorn Chicken Salad w/Roll	11 Breakfast Egg, Bacon & Cheddar on Flatbread Fruit, Juice, Milk Assorted Cereals Lunch Spaghetti Carbonara with Peas, Ham & Chicken w/Breadstick
14 Breakfast French Toast Sticks Fruit, Juice, Milk Assorted Cereals Lunch Mini Chicken Corn Dogs	15 Breakfast Cheese & Chicken Sausage Quesadilla Fruit, Juice, Milk Assorted Cereals Lunch Chicken Parm. w/Spaghetti & Marinara Sauce Turkey Chef Salad & Roll	16 Breakfast Scr. Eggs w/Ham & Cheese, Hash Brown Fruit, Juice, Milk Assorted Cereals Lunch Chili Cheese Baked Potato with Breadstick	16 Breakfast Blueberry Muffin Fruit, Juice, Milk Assorted Cereals Lunch Sausage & Red Beans & Rice Buffalo Chicken Salad & Roll	17 Breakfast Sausage Cheese Biscuit Fruit, Juice, Milk Assorted Cereals Lunch Chicken Fried Rice
21 Student & Staff Holiday 	22 ICE CREAM DAY! Breakfast Glazed Cinnamon Roll Fruit, Juice, Milk Assorted Cereals Lunch FUEL WEEK! Chili Fest Walking Taco Chili Chicken & Cheese Salad & Roll	23 Breakfast Sausage Breakfast Pizza Fruit, Juice, Milk Assorted Cereals Lunch FUEL WEEK! Chili Fest Cheesy Bread Chili	24 Breakfast Bacon Egg & Cheese Breakfast Tacos Fruit, Juice, Milk Assorted Cereals Lunch FUEL WEEK! Chili Fest Walking Taco Chili Bean Nacho Salad & Roll	25 Breakfast Mini Strawberry Cream Cheese Bagels Fruit, Juice, Milk Assorted Cereals Lunch FUEL WEEK! Chili Fest Cheesy Bread Chili
28 Breakfast Waffles & Syrup Fruit, Juice, Milk Assorted Cereals Lunch Super Bowl Nacho Week! Spicy Beef Nachos	29 DISCOVERY DAY! Breakfast Sausage & Cheese Biscuit Fruit, Juice, Milk Assorted Cereals Lunch Super Bowl Nacho Week! Chicken Nachos & Scoops All-American Cobb Salad/Roll	30 Breakfast Scr. Eggs w/Sausage & Cheese, Hash Brown Fruit, Juice, Milk Assorted Cereals Lunch Super Bowl Nacho Week! Tater Bite Beef Nachos	31 Breakfast Powdered Sugar Donut Fruit, Juice, Milk Assorted Cereals Lunch Super Bowl Nacho Week! Chicken & Bean Nachos Turkey & Cheese Salad & Roll	Feb. 01 Breakfast Sausage Breakfast Pizza Fruit, Juice, Milk Assorted Cereals Lunch Super Bowl Nacho Week! Three-Layer Nacho Dip w/Tortilla Chips

	Breakfast	Lunch
Full Price	FREE	\$2.10
Reduced Price	FREE	\$0.40
Adult Price	\$2.50	\$2.85

Menus are subject to change without notice due to circumstances beyond our control. The most current menu is always posted at www.gccisd.net under Nutrition Services

Children may be eligible for free or reduced meals depending upon family size and income standards. Find out by visiting Nutrition Services at www.gccisd.net OR visit us at 2200 Market St., Baytown OR call 281-420-4640.

All menus conform to TDA and USDA standards that regulate the nutritional analysis of these servings. Nutritional analysis are calculated on a week-to-week basis. The GCCISD Child Nutrition Department is committed to helping promote the well-being of students today and tomorrow. **USDA is an equal opportunity provider and employer.**



CONSOLIDATED
INDEPENDENT
SCHOOL DISTRICT