



October 2018

The POINT



Breakfast & Lunch Menus

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
01 Breakfast French Toast Sticks Fruit, Juice, Milk Assorted Cereals Lunch Mini Chicken Corn Dogs	02 Breakfast Cheese & Chicken Sausage Quesadilla Fruit, Juice, Milk Assorted Cereals Lunch Spicy Chicken Sandwich	03 Breakfast Scr. Eggs w/Ham & Cheese, Hash Brown Fruit, Juice, Milk Assorted Cereals Lunch Pepperoni Pizza & Breadstick	04 Breakfast Blueberry Muffin Fruit, Juice, Milk Assorted Cereals Lunch Hamburger or Cheeseburger	05 Breakfast Sausage Cheese Biscuit Fruit, Juice, Milk Assorted Cereals Lunch Chicken Fried Rice
08 Student Holiday Staff Development Day	09 Breakfast Glazed Cinnamon Roll Fruit, Juice, Milk Assorted Cereals Lunch Chicken Mashed Potato Bowl with Breadstick	10 Breakfast Sausage Breakfast Pizza Fruit, Juice, Milk Assorted Cereals Lunch Hot Dog on Bun	11 Breakfast Bacon Egg & Cheese Breakfast Tacos Fruit, Juice, Milk Assorted Cereals Lunch Beef, Cheddar & Refried Bean Flatbread Taco with Vegetable Salsa	12 Breakfast Mini Strawberry Cream Cheese Bagels Fruit, Juice, Milk Assorted Cereals Lunch Spicy Chicken Sandwich
15 Breakfast Waffles & Syrup Fruit, Juice, Milk Assorted Cereals Lunch FUEL WEEK! Atomic Burger	16 Breakfast Sausage & Cheese Biscuit Fruit, Juice, Milk Assorted Cereals Lunch Pepperoni Pizza & Breadstick	17 Breakfast Scr. Eggs w/Sausage & Cheese, Hash Brown Fruit, Juice, Milk Assorted Cereals Lunch Golden Crispy Chicken Tenders with Roll and BBQ Sauce	18 Breakfast Powdered Sugar Donut Fruit, Juice, Milk Assorted Cereals Lunch Spicy Chicken Sandwich	19 Breakfast Sausage Breakfast Pizza Fruit, Juice, Milk Assorted Cereals Lunch FUEL WEEK! Backyard Burger
22 Breakfast Frosted Strawberry Poptart Fruit, Juice, Milk Assorted Cereals Lunch Hamburger or Cheeseburger	23 Breakfast Cheesy Ham, Egg & Potato Bite Tacos Fruit, Juice, Milk Assorted Cereals Lunch Discovery Day! Spicy Chicken Sandwich	24 Breakfast Scr. Eggs w/Cheese & Bacon, Hash Brown Fruit, Juice, Milk Assorted Cereals Lunch Chicken Mashed Potato Bowl with Breadstick	25 Breakfast Chicken & Maple Syrup Waffle Fruit, Juice, Milk Assorted Cereals Lunch Mini Chicken Corn Dogs	26 Breakfast Mini Cinnamon Rolls Fruit, Juice, Milk Assorted Cereals Lunch Pepperoni Pizza with Breadstick
29 Breakfast Country Chicken Biscuit Fruit, Juice, Milk Assorted Cereals Lunch Cheese Pizza Sticks with Marinara Sauce	30 Breakfast Glazed Donut Fruit, Juice, Milk Assorted Cereals Lunch Hamburger or Cheeseburger	31 Breakfast Chocolate Chip Muffin Fruit, Juice, Milk Assorted Cereals Lunch ICE CREAM DAY! Chicken & Spicy Maple Cinnamon Waffled	NOV. 01 Breakfast Sausage Breakfast Pizza Fruit, Juice, Milk Assorted Cereals Lunch Spicy Chicken Sandwich	02 Student Holiday Staff Development Day

TIME IS RUNNING OUT!

You **MUST** complete a new application for free or reduced-price meals for this school year by **October 5** or your student will go on paid status!



To complete a new application, go to www.gccisd.net and look under the Parents section. You can also request a paper application from your school office or cafeteria.

	Breakfast	Lunch	
Full Price	FREE	\$2.10	<i>Menus are subject to change without notice due to circumstances beyond our control. The most current menu is always posted at www.gccisd.net under Nutrition Services</i>
Reduced Price	FREE	\$0.40	
Adult Price	\$2.50	\$2.85	

Children may be eligible for free or reduced meals depending upon family size and income standards. Find out by visiting Nutrition Services at www.gccisd.net OR visit us at 2200 Market St., Baytown OR call 281-420-4640.

All menus conform to TDA and USDA standards that regulate the nutritional analysis of these servings. Nutritional analysis are calculated on a week-to-week basis. The GCCISD Child Nutrition Department is committed to helping promote the well-being of students today and tomorrow. **USDA is an equal opportunity provider and employer.**



CONSOLIDATED INDEPENDENT SCHOOL DISTRICT