



GOOSE CREEK

CONSOLIDATED INDEPENDENT SCHOOL DISTRICT

Swine Flu Information

May 06, 2009

Out of district travel ban lifted

Effective May 7, all Goose Creek CISD restrictions on student and employee out-of-town travel because of H1N1 flu are lifted. This action is based on the Texas Education Agency and Department of State Health and Services recommendations that all schools across the state reopen and the UIL announcement on Wednesday that it is relaxing its suspension of all interscholastic competitions, which were previously slated to resume May 11.

Goose Creek CISD continues to encourage all staff and students to practice good hygiene habits and check with the campus nurse if they have any concerns or symptoms.

April 28, 2009

Goose Creek monitoring swine flu situation

Goose Creek CISD is monitoring the Swine Flu situation. There are no suspected cases of swine flu in our district at this time. According to officials from the City of Baytown Health Department, there is no reason to panic. However, it is appropriate to remind students to practice good hygiene habits including frequent hand washing, coughing and sneezing into a tissue or their elbows or upper sleeves, and discarding tissues after using. Students and staff also are encouraged to check with the campus nurse if they have any concerns or symptoms.

In addition, custodians are spending more time disinfecting our campuses and sites.

Please review the following good-hygiene tips that help prevent the spread of the flu.

Good Hand-Washing Hygiene: [Video](#)

- Wet your hands. Make sure they are very wet. Use warm water when possible.
- Use plenty of soap. Hand sanitizer is also very good when you are unable to wash your hands.
- Scrub your hands. Be sure to scrub your fingers, wrists, and palms.
- Count to 20 slowly while washing.
- Rinse. Wash away all the soap on your hands.
- Dry your hands. If you have a paper towel, use it to turn off the faucet.

Coughing or Sneezing Without Spreading Germs:

- Cover your nose and mouth with a tissue (if available) when you cough or sneeze.
- Throw the tissue in the trash after using.
- Cough or sneeze into your elbow or upper sleeve.
- Wash your hand after you cough or sneeze.
- Try to avoid contact with sick people.

Websites for More Information:

www.cdc.gov/swineflu/

www.cdc.gov/swineflu/investigation.htm

[en Español](#)

[UIL Schedules Altered Due to Swine Flu Press Release](#)

[Letter to Parents](#)

[Letter to Goose Creek teachers and staff](#)

[Swine Flu FAQs](#)

Links for up-to-date information:

- [Federal website](#)
- [State website](#)
- [HCPHES website](#)
- [World Health Organization](#)

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