



November 2018 High School Menu at the Home Zone



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
05 Breakfast French Toast Sticks Fruit, Juice, Milk Assorted Cereals Lunch Mini Chicken Corn Dogs	06 Breakfast Cheese & Chicken Sausage Quesadilla Fruit, Juice, Milk Assorted Cereals Lunch Chicken Parm. w/Spaghetti & Marinara Sauce Turkey Chef Salad & Roll	07 Breakfast Scr. Eggs w/Ham & Cheese, Hash Brown Fruit, Juice, Milk Assorted Cereals Lunch Chili Cheese Baked Potato with Breadstick	08 Breakfast Blueberry Muffin Fruit, Juice, Milk Assorted Cereals Lunch Sausage & Red Beans/Roll Buffalo Chicken Salad/Roll	09 Breakfast Sausage Cheese Biscuit Fruit, Juice, Milk Assorted Cereals Lunch Chicken Fried Rice
12 Breakfast String Cheese Fruit, Juice, Milk Assorted Cereals Lunch Breaded Fish Bites with Fresh Baked Breadstick Kickin' Bean Nacho Salad	13 DISCOVERY DAY! Breakfast Glazed Cinnamon Roll Fruit, Juice, Milk Assorted Cereals Lunch Chicken Mashed Potato Bowl with Breadstick	14 Thanksgiving Feast! Breakfast Sausage Breakfast Pizza Fruit, Juice, Milk Assorted Cereals Lunch Roast Turkey Breast, Stuffing, Gravy, Mashed Potatoes, Green Beans, Cranberry Sauce, Roll Plus, it's PUMPKIN SPICE ICE CREAM DAY!	15 Breakfast Mini Strawberry Cream Cheese Bagels Fruit, Juice, Milk Assorted Cereals Lunch Beef, Cheddar & Refried Bean Flatbread Taco with Vegetable Salsa	16 Breakfast Chicken & Spicy Maple Cinnamon Waffle Fruit, Juice, Milk Assorted Cereals Lunch Cajun Chili Fries Bowl Chicken & Cheese Salad

Thanksgiving Holidays November 19-23

26 FUEL WEEK! Breakfast Frosted Strawberry Poptart Fruit, Juice, Milk Assorted Cereals Lunch: Try these Mac Hacks! Spicy Chili Doritos Fiery Cheetos	27 FUEL WEEK! Breakfast Glazed Cinnamon Roll Fruit, Juice, Milk Assorted Cereals Lunch Try these Mac Hacks! Spicy Chili Doritos Fiery Cheetos	28 FUEL WEEK! Breakfast Scr. Eggs w/Cheese & Bacon, Hash Brown Fruit, Juice, Milk Assorted Cereals Lunch Try these Mac Hacks! Spicy Chili Doritos Fiery Cheetos	29 FUEL WEEK! Breakfast Chicken & Maple Syrup Waffle Fruit, Juice, Milk Assorted Cereals Lunch Try these Mac Hacks! Spicy Chili Doritos Fiery Cheetos	30 FUEL WEEK! Breakfast Honey Sriracha Glazed Donut Fruit, Juice, Milk Assorted Cereals Lunch Try these Mac Hacks! Spicy Chili Doritos Fiery Cheetos
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	Breakfast	Lunch	
Full Price	FREE	\$2.10	<i>Menus are subject to change without notice due to circumstances beyond our control. The most current menu is always posted at www.gccisd.net under Nutrition Services</i>
Reduced Price	FREE	\$0.40	
Adult Price	\$2.50	\$2.85	

Children may be eligible for free or reduced meals depending upon family size and income standards. Find out by visiting Nutrition Services at www.gccisd.net OR visit us at 2200 Market St., Baytown OR call 281-420-4640.

All menus conform to TDA and USDA standards that regulate the nutritional analysis of these servings. Nutritional analysis are calculated on a week-to-week basis. The GCCISD Child Nutrition Department is committed to helping promote the well-being of students today and tomorrow. USDA is an equal opportunity provider and employer.



CONSOLIDATED INDEPENDENT SCHOOL DISTRICT