



# November 2018

## Peter E. Hyland Center Stuart Career Tech H.S.



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>05 Breakfast</b> French Toast Sticks Fruit, Juice, Milk Assorted Cereals <b>Lunch</b> Mini Chicken Corn Dogs Turkey Chef Salad Hamburger/Cheeseburger	<b>06 Breakfast</b> Cheese & Chicken Sausage Quesadilla Fruit, Juice, Milk Assorted Cereals <b>Lunch</b> Chicken Parmesan with Spaghetti & Sauce Spicy Chicken Sandwich Beef Taco Tostitos	<b>07 Breakfast</b> Scr. Eggs w/Ham & Cheese, Hash Brown Fruit, Juice, Milk Assorted Cereals <b>Lunch</b> Chili Cheese Baked Potato Ham & Cheese Sub Chicken Tenders	<b>08 Breakfast</b> Blueberry Muffin Fruit, Juice, Milk Assorted Cereals <b>Lunch</b> Spicy Chicken Sandwich Cheese or Pepperoni Pizza Beef Taco Tostitos	<b>09 Breakfast</b> Sausage Cheese Biscuit Fruit, Juice, Milk Assorted Cereals <b>Lunch</b> Chicken Fried Rice Tossed Salad with Cheese Hamburger/Cheeseburger
<b>12 Breakfast</b> String Cheese Fruit, Juice, Milk Assorted Cereals <b>Lunch</b> Breaded Fish Bites Egg Salad +Celery, Carrots Chicken Taco Tostitos	<b>13 DISCOVERY DAY!</b> <b>Breakfast</b> Glazed Cinnamon Roll Fruit, Juice, Milk Assorted Cereals <b>Lunch</b> Chicken Mashed Potato Bowl with Breadstick Hamburger/Cheeseburger Chicken Taco Tostitos	<b>14 Thanksgiving Feast!</b> <b>Breakfast</b> Sausage Breakfast Pizza Fruit, Juice, Milk Assorted Cereals <b>Lunch</b> Roast Turkey Breast, Stuffing, Gravy, Mashed Potatoes, Green Beans, Cranberry Sauce, Roll Pumpkin Spice Ice Cream!	<b>15 Breakfast</b> Bacon Egg & Cheese Breakfast Tacos Fruit, Juice, Milk Assorted Cereals <b>Lunch</b> Cheese or Pepperoni Pizza Spicy Chicken Sandwich Chicken Taco Tostitos	<b>16 Breakfast</b> Mini Strawberry Cream Cheese Bagels Fruit, Juice, Milk Assorted Cereals <b>Lunch</b> Cajun Chili Fries Bowl Chicken & Cheese Salad Chicken Tenders

### Thanksgiving Holidays

### November 19-23

<b>26 FUEL WEEK!</b> <b>Breakfast</b> Frosted Strawberry Poptart Fruit, Juice, Milk Assorted Cereals <b>Lunch:</b> <b>Spicy Chili Doritos Mac</b> <b>Fiery Cheetos Mac</b> Pittsburgh Style Chicken Sandwich Ham Chef Salad Chicken Taco Tostitos	<b>27 FUEL WEEK!</b> <b>Breakfast</b> Cheesy Ham, Egg & Potato Bite Tacos Fruit, Juice, Milk Assorted Cereals <b>Lunch</b> <b>Spicy Chili Doritos Mac</b> <b>Fiery Cheetos Mac</b> Rotini w/Italian Meat Sauce Hamburger/Cheeseburger Chicken Tenders	<b>28 FUEL WEEK!</b> <b>Breakfast</b> Scr. Eggs w/Cheese & Bacon, Hash Brown Fruit, Juice, Milk Assorted Cereals <b>Lunch</b> <b>Spicy Chili Doritos Mac</b> <b>Fiery Cheetos Mac</b> Chicken Mashed Pot. Bowl BBQ Chick.Cheddar Wrap Spicy Chicken Sandwich	<b>29 Breakfast</b> Chicken & Maple Syrup Waffle Fruit, Juice, Milk Assorted Cereals <b>Lunch</b> Cheese or Pepperoni Pizza Chicken Taco Tostitos Hamburger/Cheeseburger	<b>30 FUEL WEEK!</b> <b>Breakfast</b> Mini Cinnamon Rolls Fruit, Juice, Milk Assorted Cereals <b>Lunch</b> <b>Spicy Chili Doritos Mac</b> <b>Fiery Cheetos Mac</b> Fish Bites w/Mac & Cheese Buffalo Bleu Popcorn Chicken Salad Chicken Tenders
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	Breakfast	Lunch	<i>Menus are subject to change without notice            due to circumstances beyond our control.            The most current menu is always posted at  <a href="http://www.gccisd.net">www.gccisd.net</a> under Nutrition Services</i>
Full Price	FREE	\$2.10	
Reduced Price	FREE	\$0.40	
Adult Price	\$2.50	\$2.85	

Children may be eligible for free or reduced meals depending upon family size and income standards.  
 Find out by visiting Nutrition Services at [www.gccisd.net](http://www.gccisd.net) OR visit us at 2200 Market St., Baytown OR call 281-420-4640.

All menus conform to TDA and USDA standards that regulate the nutritional analysis of these servings. Nutritional analysis are calculated on a week-to-week basis. The GCCISD Child Nutrition Department is committed to helping promote the well-being of students today and tomorrow. **USDA is an equal opportunity provider and employer.**



CONSOLIDATED  
INDEPENDENT  
SCHOOL DISTRICT