

November 2018 **IMPACT Early College High School**



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
O5 Breakfast French Toast Sticks Fruit, Juice, Milk Assorted Cereals Lunch Mini Chicken Corn Dogs Turkey Chef Salad Hamburger/Cheeseburger	Cheese & Chicken Sausage Quesadilla Fruit, Juice, Milk Assorted Cereals Lunch Chicken Parmesan with Spaghetti & Sauce Spicy Chicken Sandwich Pasta Bar	O7 Breakfast Scr. Eggs w/Ham & Cheese, Hash Brown Fruit, Juice, Milk Assorted Cereals Lunch Chili Cheese Baked Potato Ham & Cheese Sub Chicken Tenders	08 Breakfast Blueberry Muffin Fruit, Juice, Milk Assorted Cereals Lunch Spicy Chicken Sandwich Cheese or Pepperoni Pizza Beef Taco Tostitos	O9 Breakfast Sausage Cheese Biscuit Fruit, Juice, Milk Assorted Cereals Lunch Chicken Fried Rice Tossed Salad with Cheese Hamburger/Cheeseburger	
12 Breakfast String Cheese Fruit, Juice, Milk Assorted Cereals Lunch Breaded Fish Bites Egg Salad + Celery Carrots Chicken Taco Tostitos	13 DISCOVERY DAY! Breakfast Glazed Cinnamon Roll Fruit, Juice, Milk Assorted Cereals Lunch Chicken Mashed Potato Bowl with Breadstick Hamburger/Cheeseburger Pasta Bar	14 Thanksgiving Feast! Breakfast Sausage Breakfast Pizza Fruit, Juice, Milk Assorted Cereals Lunch Roast Turkey Breast, Stuffing, Gravy, Mashed Potatoes, Green Beans, Cranberry Sauce, Roll Pumpkin Spice Ice Cream!	15 Breakfast Bacon Egg & Cheese Breakfast Tacos Fruit, Juice, Milk Assorted Cereals Lunch Cheese or Pepperoni Pizza Spicy Chicken Sandwich Chicken Taco Tostitos	16 Breakfast Mini Strawberry Cream Cheese Bagels Fruit, Juice, Milk Assorted Cereals Lunch Cajun Chili Fries Bowl Chicken & Cheese Salad Chicken Tenders	

Thanksgiving Holidays

26 FUEL WEEK!

Breakfast

Frosted Strawberry Poptart Fruit, Juice, Milk **Assorted Cereals** Lunch:

Spicy Chili Doritos Mac Fiery Cheetos Mac

Pittsburgh Style Chicken Sandwich

Ham Chef Salad

Chicken Taco Tostitos

27 Breakfast

Cheesy Ham, Egg & Potato Bite Tacos Glazed Cinnamon Roll Fruit, Juice, Milk **Assorted Cereals**

Lunch

Rotini w/Italian Meat Sauce Hamburger/Cheeseburger Chicken Tenders Pasta Bar

28 FUEL WEEK!

Breakfast

Scr. Eggs w/Cheese & Bacon, Hash Brown Fruit, Juice, Milk **Assorted Cereals** Lunch

Spicy Chili Doritos Mac **Fiery Cheetos Mac**

Chicken Mashed Pot. Bowl BBQ Chick.Cheddar Wrap Spicy Chicken Sandwich

November 19-23

29 Breakfast

Chicken & Maple Syrup Waffle Fruit, Juice, Milk **Assorted Cereals**

Lunch

Cheese or Pepperoni Pizza Chicken Taco Tostitos Hamburger/Cheeseburger

30 FUEL WEEK!

Breakfast

Mini Cinnamon Rolls Fruit, Juice, Milk **Assorted Cereals** Lunch

Spicy Chili Doritos Mac Fiery Cheetos Mac Fish Bites w/Mac & Cheese Buffalo Bleu Popcorn Chicken Salad

Chicken Tenders

	Breakfast	Lunch	Menus are subject to change without notice
Full Price	FREE	\$2.10	due to circumstances beyond our control.
Reduced Price	FREE	\$0.40	The most current menu is always posted at
Adult Price	\$2.50	\$2.85	www.gccisd.net under Nutrition Services

Children may be eligible for free or reduced meals depending upon family size and income standards. Find out by visiting Nutrition Services at www.gccisd.net OR visit us at 2200 Market St., Baytown OR call 281-420-4640.

All menus conform to TDA and USDA standards that regulate the nutritional analysis of these servings. Nutritional analysis are calculated on a week-to-week basis. The GCCISD Child Nutrition Department is committed to helping promote the well-being of students today and tomorrow. USDA is an equal opportunity provider and employer.



