

August & September 2017

Breakfast & Lunch Menu

IMPACT Early College

Stuart Career Center



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AUG 28 BREAKFAST: Strawberry Pop Tart String Cheese Cereals, Fruit, More LUNCH: Mini Chicken Corn Dogs Chicken Caesar Salad Assorted Grill Beef Nachos or Bowl	29 BREAKFAST: Blueberry Muffin Cereals, Fruit, More LUNCH: Rotini w/Italian Meat Sauce Turkey Wrap Assorted Grill Chicken Nachos or Bowl	30 BREAKFAST: Scram. Eggs w/Ham & Cheese, Hash Brown Cereals, Fruit, More LUNCH: Broccoli & Cheese Baker Ham & Turkey Chef Salad Assorted Grill Beef Nachos or Bowl	31 BREAKFAST: Honey Sriracha Glazed Donut Cereals, Fruit, More LUNCH: Grape Chicken Salad Sub Assorted Grill Chicken Nachos or Bowl Assorted Pizzas	SEPT 01 BREAKFAST: Sausage Breakfast Pizza Cereals, Fruit, More LUNCH: Popcorn Chicken w/Garlic Chili Sauce & Rice Egg Chef Salad Assorted Grill Beef Nachos or Bowl
04 District Holiday 	05 BREAKFAST: Glazed Cinnamon Roll Cereals, Fruit, More LUNCH: Chicken Mashed Potato Bowl Ham & Cheese Sub Assorted Grill Beef Nachos or Bowl	06 BREAKFAST: Cheesy Ham, Egg, Potato Bite Taco Cereals, Fruit, More LUNCH: Tater Bite Nachos w/Tortilla All-American Cobb Salad Assorted Grill Chicken Nachos or Bowl	07 BREAKFAST: Scram. Eggs w/Sausage, Cheese & Hash Brown Cereals, Fruit, More LUNCH: Turkey & Cheese Wrap Assorted Grill Beef Nachos or Bowl Assorted Pizzas	08 BREAKFAST: Chicken & Spicy Maple Cinnamon Waffle Cereals, Fruit, More LUNCH: Cajun Chili Fries Bowl Buffalo Ranch Popcorn Chicken Salad Assorted Grill Chicken Nachos or Bowl
11 BREAKFAST: Sausage Breakfast Pizza Cereals, Fruit, More LUNCH: Chees Pizza Sticks w/ Marinara Sauce Turkey Chef Salad Assorted Grill Beef Nachos or Bowl	12 BREAKFAST: Scram. Eggs w/Bacon, Cheese & Hash Brown Cereals, Fruit, More LUNCH: Mexican Tortilla Bowl Santa Fe Turkey Wrap Assorted Grill Chicken Nachos or Bowl	13 BREAKFAST: Bacon, Egg & Cheese Donut Breakfast Melt Cereals, Fruit, More LUNCH: Garlic Chili Popcorn Chicken with Rice Tossed Salad with Cheese Assorted Grill Beef Nachos or Bowl	14 BREAKFAST: Chocolate Chip Muffin Cereals, Fruit, More LUNCH: Tuna Salad Sub Assorted Pizzas Assorted Grill Chicken Nachos or Bowl	15 BREAKFAST: Glazed Cinnamon Roll Cereals, Fruit, More LUNCH: Spaghetti Carbonara Chicken Chef Salad Assorted Grill Beef Nachos or Bowl
18 BREAKFAST: Powdered Sugar Donut Cereals, Fruit, More LUNCH: Meatloaf w/Marinara Sauce Chicken & Cheese Salad Assorted Grill Chicken Nachos or Bowl	19 BREAKFAST: Cheese & Chicken Sausage Quesadilla Cereals, Fruit, More LUNCH: Chicken Mash. Potato Bowl Ham & Cheese Sub Assorted Grill Beef Nachos or Bowl	20 BREAKFAST: Scram. Eggs w/Cheese, Hash Brown Patty Cereals, Fruit, More LUNCH: Mini Corn Dogs Italian Salad w/Ham Assorted Grill Chicken Nachos or Bowl	21 BREAKFAST: Chicken & Maple Syrup Waffle Sandwich Cereals, Fruit, More LUNCH: Turkey & Cheese Wrap Assorted Pizzas Assorted Grill Beef Nachos or Bowl	22 BREAKFAST: Blueberry Muffins Cereals, Fruit, More LUNCH: Chili Cheese Baked Potato Chicken Salad Assorted Grill Chicken Nachos or Bowl
25 BREAKFAST: Sausage Breakfast Pizza Cereals, Fruit, More LUNCH: Spaghetti w/Meatballs Turkey Chef Salad Assorted Grill Beef Nachos or Bowl	26 BREAKFAST: Maple Glazed Bacon Donut Cereals, Fruit, More LUNCH: Fish Sticks w/Mac & Cheese Turkey & Cheese Sub Assorted Grill Chicken Nachos or Bowl	27 BREAKFAST: Waffles Cereals, Fruit, More LUNCH: Chicken Ranch Flatbread Tuna Salad Platter Assorted Grill Beef Nachos or Bowl	28 BREAKFAST: Country Chicken Biscuit Cereals, Fruit, More LUNCH: Ham & Cheese Wrap Assorted Pizzas Assorted Grill Chicken Nachos or Bowl	29 BREAKFAST: Cheesy Sausage & Egg Burrito Cereals, Fruit, More LUNCH: Chicken Fried Rice/EggRoll All-American Cobb Salad Assorted Grill Beef Nachos or Bowl

UPDATE YOUR RECORDS

If your child received free or reduced price meals last year, you **MUST** complete a new application for this school year.



To complete a new application, go to www.gccisd.net

and look under the Parents section.

You can also request a paper application, from your school office or cafeteria.

	Breakfast	Lunch
Student Full Price	FREE	\$2.10
Reduced Price	FREE	\$0.40
Adult Price	\$2.30	\$2.75

Menus are subject to change without notice due to circumstances beyond our control. The most current menu is always posted at www.gccisd.net

Children may be eligible for free or reduced meals depending upon family size and income standards. Find out by visiting Nutrition Services at www.gccisd.net OR visit us at 2200 Market St., Baytown OR call 281-420-4640. All menus conform to TDA and USDA standards that regulate the nutritional analysis of these servings. Nutritional analysis are calculated on a week-to-week basis. The GCCISD Child Nutrition Department is committed to helping promote the well-being of students today and tomorrow. USDA is an equal opportunity provider and employer.

