

February 2018

Breakfast & Lunch Menus

Lee, Memorial & Sterling at the Home Zone



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Bowl-A-rama! Feb. 20-23



Spicy Thai Chicken Bowl



Chicken Hummus Salad



01 BREAKFAST:

Chocolate Chip Muffin
Saus. Cheese Eng. Muffin
Cereals, Fruit, More

LUNCH:

Chicken & Bean Nachos
Turkey Chef Salad

02 BREAKFAST:

Glazed Cinnamon Roll
Saus. Cheese Eng. Muffin
Cereals, Fruit, More

LUNCH:

3-Layer Nacho Dip & Chips
Ham Chef Salad

05 BREAKFAST:

Powdered Sugar Donut
Saus. Cheese Eng. Muffin
Cereals, Fruit, More

LUNCH:

Meatloaf w/Marinara
Sauce
Chicken & Cheese Salad

06 BREAKFAST:

Cheese & Chicken Sausage
Quesadilla
Saus. Cheese Eng. Muffin
Cereals, Fruit, More

LUNCH:

Chicken Mash. Potato Bowl
All-American Cobb Salad

07 BREAKFAST:

Scram. Eggs w/Cheese,
Hash Brown Patty
Saus. Cheese Eng. Muffin
Cereals, Fruit, More

LUNCH:

Chili Mac
Italian Salad w/Ham

08 BREAKFAST:

Chicken & Maple Syrup
Waffle Sandwich
Saus. Cheese Eng. Muffin
Cereals, Fruit, More

LUNCH:

Mini Chicken Corn Dogs
Popcorn Chicken Salad

09 BREAKFAST:

Blueberry Muffins
Saus. Cheese Eng. Muffin
Cereals, Fruit, More

LUNCH:

Chili Cheese Baked Potato
Beef Taco Salad

12 BREAKFAST:

Sausage Breakfast Pizza
Saus. Chse Eng. Muffin
Cereals, Fruit, More

LUNCH:

Spaghetti w/Meatballs
Kickin' Pinto Taco Salad

13 BREAKFAST:

Maple Glazed Bacon Donut
Saus. Cheese Eng. Muffin
Cereals, Fruit, More

LUNCH:

Fish Sticks w/Mac & Cheese
Turkey Chef Salad

14 BREAKFAST:

Poptart, Cereals, Fruit, Saus.
Cheese Eng. Muffin

LUNCH:

Spaghetti & Meatballs w/
Apple/Strawberry Cups
Beef Nacho Salad



15 BREAKFAST:

Country Chicken Biscuit
Saus. Cheese Eng. Muffin
Cereals, Fruit, More

LUNCH:

Mexican Tortilla Bowl
Popcorn Chicken Salad

16 BREAKFAST:

Cheesy Sausage & Egg
Burrito
Saus. Cheese Eng. Muffin
Cereals, Fruit, More

LUNCH:

Chicken Fried Rice/Eggroll
Tuna Salad Platter

Student Holiday



Staff Development Day

20 DISCOVERY DAY

BREAKFAST:

Blueberry Muffin
Saus. Cheese Eng. Muffin
Cereals, Fruit, More

LUNCH:

Chicken & Hummus Bowl
Chicken Caesar Salad

21 BREAKFAST:

Scram. Eggs w/Ham &
Cheese, Hash Brown
Saus. Cheese Eng. Muffin
Cereals, Fruit, More

LUNCH:

Spicy Thai Chicken Bowl
Ham & Turkey Chef Salad

22 BREAKFAST:

Honey Sriracha Glazed-
Donut,
Saus. Cheese Eng. Muffin
Cereals, Fruit, More

LUNCH:

Chicken & Hummus Bowl
Egg Chef Salad

23 BREAKFAST:

Sausage Breakfast Pizza
Saus. Cheese Eng. Muffin
Cereals, Fruit, More

LUNCH:

Spicy Thai Chicken Bowl
Beef Taco Salad

26 BREAKFAST:

Bosco Stick w/cheese, egg,
turkey bacon
Saus. Cheese Eng. Muffin
Cereals, Fruit, More

LUNCH:

Chicken Fried Steak with
brown gravy

27 BREAKFAST:

Glazed Cinnamon Roll
Saus. Cheese Eng. Muffin
Cereals, Fruit, More

LUNCH:

Chicken Mashed Potato
Bowl
Tuna Salad Platter

28 BREAKFAST:

Cheesy Ham, Egg, Potato
Bite Taco
Saus. Cheese Eng. Muffin
Cereals, Fruit, More

LUNCH:

Baked Lasagna
All-American Cobb Salad

Bonus!

Check out the other choices we offer!

(Not all available every day.)



Pizza

Burgers



Tacos & Tortillas

Salads



Deli Sandwiches



DID YOU KNOW...

Breakfast is **FREE** for **ALL** students at Goose Creek CISD?
Healthy breakfasts are served **every** day at **every** school!

Save time AND money. Encourage your kids to **EAT** at **SCHOOL!**

We offer a variety of fruit and vegetable sides so students can choose their own healthy favorites.

Daily Beverage choices include white and chocolate skim milk and assorted juices. (Soy milk is available for lactose-intolerant students.)

	Breakfast	Lunch
Student Full Price	FREE	\$2.10
Reduced Price	FREE	\$0.40
Adult Price	\$2.30	\$2.85

Menus are subject to change without notice due to circumstances beyond our control. The most current menu is always posted at www.gccisd.net

Children may be eligible for free or reduced meals depending upon family size and income standards. Find out by visiting Nutrition Services at www.gccisd.net OR visit us at 2200 Market St., Baytown OR call 281-420-4640. All menus conform to TDA and USDA standards that regulate the nutritional analysis of these servings. Nutritional analysis are calculated on a week-to-week basis. The GCCISD Child Nutrition Department is committed to helping promote the well-being of students today and tomorrow. USDA is an equal opportunity provider and employer.

