

February 2018
Breakfast & Lunch
IMPACT Early College
Stuart Career Tech



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



Bowl-A-rama! Feb. 20-23



Spicy Thai Chicken Bowl



Chicken Hummus Salad

05 BREAKFAST:
 Powdered Sugar Donut
 Cereals, Fruit, More
LUNCH:
 Meatloaf w/Marinara
 Sauce
 Chicken & Cheese Salad
 Assorted Grill
 Chicken Nachos or Bowl

06 BREAKFAST:
 Cheese & Chicken Sausage
 Quesadilla
 Cereals, Fruit, More
LUNCH:
 Chicken Mash. Potato Bowl
 Ham & Cheese Sub
 Assorted Grill
 Beef Nachos or Bowl

07 BREAKFAST:
 Scram. Eggs w/Cheese,
 Hash Brown Patty
 Cereals, Fruit, More
LUNCH:
 Mini Corn Dogs
 Italian Salad w/Ham
 Assorted Grill
 Chicken Nachos or Bowl

01 BREAKFAST:
 Chocolate Chip Muffin
 Cereals, Fruit, More
LUNCH:
Chicken & Bean Nachos
 Assorted Pizzas
 Assorted Grill
 Chicken Nachos or Bowl

02 BREAKFAST:
 Glazed Cinnamon Roll
 Cereals, Fruit, More
LUNCH:
3-Layer Nacho Dip & Chips
 Chicken Chef Salad
 Assorted Grill
 Beef Nachos or Bowl

12 BREAKFAST:
 Sausage Breakfast Pizza
 Cereals, Fruit, More
LUNCH:
 Spaghetti w/Meatballs
 Turkey Chef Salad
 Assorted Grill
 Beef Nachos or Bowl

13 BREAKFAST:
 Maple Glazed Bacon Donut
 Cereals, Fruit, More
LUNCH:
 Fish Sticks w/Mac & Cheese
 Turkey & Cheese Sub
 Assorted Grill
 Chicken Nachos or Bowl

14 BREAKFAST:
 Poptart, Cereals, Fruit,
LUNCH:
 Spaghetti & Meatballs w/
 Apple/Strawberry Cups
 Tuna Salad Platter
 Assorted Grill
 Beef Nachos or Bowl

15 BREAKFAST:
 Country Chicken Biscuit
 Cereals, Fruit, More
LUNCH:
 Ham & Cheese Wrap
 Assorted Pizzas
 Assorted Grill
 Chicken Nachos or Bowl

16 BREAKFAST:
 Cheesy Sausage & Egg
 Burrito
 Cereals, Fruit, More
LUNCH:
 Chicken Fried Rice/Eggroll
 All-American Cobb Salad
 Assorted Grill
 Beef Nachos or Bowl

Student Holiday



Staff Development Day

20 DISCOVERY DAY
BREAKFAST:
 Blueberry Muffin
 Cereals, Fruit, More
LUNCH:
Chicken & Hummus Bowl
 Turkey Wrap
 Assorted Grill
 Chicken Nachos or Bowl

21 BREAKFAST:
 Scram. Eggs w/Ham &
 Cheese, Hash Brown
 Cereals, Fruit, More
LUNCH:
Spicy Thai Chicken Bowl
 Ham & Turkey Chef Salad
 Assorted Grill
 Beef Nachos or Bowl

22 BREAKFAST:
 Honey Sriracha Glazed-
 Donut, Cereals, Fruit, More
LUNCH:
 Grape Chicken Salad Sub
 Assorted Grill
 Chicken Nachos or Bowl
 Assorted Pizzas

23 BREAKFAST:
 Sausage Breakfast Pizza
 Cereals, Fruit, More
LUNCH:
Spicy Thai Chicken Bowl
 Egg Chef Salad
 Assorted Grill
 Beef Nachos or Bowl

26 BREAKFAST:
 Bosco Stick w/cheese, egg,
 turkey bacon
 Cereals, Fruit, More
LUNCH:
 Chicken Fried Steak with
 brown gravy
 Turkey Chef Salad
 Chicken Nachos or Bowl

27 BREAKFAST:
 Glazed Cinnamon Roll
 Cereals, Fruit, More
LUNCH:
 Chicken Mashed Potato
 Bowl
 Ham & Cheese Sub
 Assorted Grill
 Beef Nachos or Bowl

28 BREAKFAST:
 Cheesy Ham, Egg, Potato
 Bite Taco
 Cereals, Fruit, More
LUNCH:
 Tater Bite Nachos w/Tortilla
 All-American Cobb Salad
 Assorted Grill
 Chicken Nachos or Bowl

Bonus!

Check out the other choices we offer!

(Not all available every day.)



Pizza

Burgers



Tacos & Tortillas

Salads

Deli Sandwiches



DID YOU KNOW...

Breakfast is **FREE** for **ALL** students at Goose Creek CISD?
 Healthy breakfasts are served **every** day at **every** school!

Save time **AND** money. Encourage your kids to **EAT** at **SCHOOL!**

We offer a variety of fruit and vegetable sides so students can choose their own healthy favorites.

Daily Beverage choices include white and chocolate skim milk and assorted juices. (Soy milk is available for lactose-intolerant students.)

| | Breakfast | Lunch |
|---------------------------|------------------|---------------|
| Student Full Price | FREE | \$2.10 |
| Reduced Price | FREE | \$0.40 |
| Adult Price | \$2.30 | \$2.85 |

Menus are subject to change without notice due to circumstances beyond our control. The most current menu is always posted at www.gccisd.net

Children may be eligible for free or reduced meals depending upon family size and income standards. Find out by visiting Nutrition Services at www.gccisd.net OR visit us at 2200 Market St., Baytown OR call 281-420-4640. All menus conform to TDA and USDA standards that regulate the nutritional analysis of these servings. Nutritional analysis are calculated on a week-to-week basis. The GCCISD Child Nutrition Department is committed to helping promote the well-being of students today and tomorrow. USDA is an equal opportunity provider and employer.

