




# August & September 2017 Main Course Breakfast & Lunch Gentry & Highlands Junior Schools



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>AUG 28 BREAKFAST:</b> Strawberry Pop Tart String Cheese Cereals, Fruit, More <b>LUNCH:</b> Mini Chicken Corn Dogs Kickin' Pinto Taco Salad	<b>29 BREAKFAST:</b> Blueberry Muffin Cereals, Fruit, More <b>LUNCH:</b> Rotini w/Italian Meat Sauce Chicken Caesar Salad	<b>30 BREAKFAST:</b> Scram. Eggs w/ Ham & Cheese Hash Brown Patty Cereals, Fruit, More <b>LUNCH:</b> Broccoli & Cheese Baker Ham & Turkey Chef Salad	<b>31 BREAKFAST:</b> Honey Sriracha Glazed Donut Cereals, Fruit, More <b>LUNCH:</b> Sausage, Red Beans, Rice Egg Chef Salad	<b>SEPT 01 BREAKFAST:</b> Sausage Breakfast Pizza Cereals, Fruit, More <b>LUNCH:</b> Popcorn Chicken w/Garlic Chili Sauce & Rice Beef Taco Salad
<b>04 District Holiday</b> 	<b>05 BREAKFAST:</b> Glazed Cinnamon Roll Cereals, Fruit, More <b>LUNCH:</b> Chicken Mashed Potato Bowl Tuna Salad Platter	<b>06 BREAKFAST:</b> Cheesy Ham, Egg, Potato Bite Taco Cereals, Fruit, More <b>LUNCH:</b> Baked Lasagna All-American Cobb Salad	<b>07 BREAKFAST:</b> Scrambled Eggs w/ Sausage & Cheese & Hash Brown Patty Cereals, Fruit, More <b>LUNCH:</b> Tater Bite Nachos w/Tortilla Ranch Chicken Salad	<b>08 BREAKFAST:</b> Chicken & Spicy Maple Cinnamon Waffle Cereals, Fruit, More <b>LUNCH:</b> Cajun Chili Fries Bowl Greek Salad
<b>11 BREAKFAST:</b> Sausage Breakfast Pizza Cereals, Fruit, More <b>LUNCH:</b> Chees Pizza Sticks w/ Marinara Sauce Chicken Chef Salad	<b>12 BREAKFAST:</b> Scrambled Eggs w/Bacon, Cheese, Hash Brown Patty Cereals, Fruit, More <b>LUNCH:</b> Mexican Tortilla Bowl Ranch Popcorn Chicken Salad	<b>13 BREAKFAST:</b> Bacon, Egg & Cheese Donut Breakfast Melt Cereals, Fruit, More <b>LUNCH:</b> Garlic Chili Popcorn Chicken with Rice Tossed Salad with Cheese	<b>14 BREAKFAST:</b> Chocolate Chip Muffin Cereals, Fruit, More <b>LUNCH:</b> Spaghetti Carbonara Turkey Chef Salad	<b>15 BREAKFAST:</b> Glazed Cinnamon Roll Cereals, Fruit, More <b>LUNCH:</b> Chicken & Sausage Etouffee w/Rice Ham Chef Salad
<b>18 BREAKFAST:</b> Powdered Sugar Donut Cereals, Fruit, More <b>LUNCH:</b> Meatloaf w/Marinara Sauce Chicken & Cheese Salad	<b>19 BREAKFAST:</b> Cheese & Chicken Sausage Quesadilla Cereals, Fruit, More <b>LUNCH:</b> Chicken Mashed Potato Bowl All-American Cobb Salad	<b>20 BREAKFAST:</b> Scram. Eggs w/Cheese, Hash Brown Patty Cereals, Fruit, More <b>LUNCH:</b> Chili Mac Italian Salad w/Ham	<b>21 BREAKFAST:</b> Chicken & Maple Syrup Waffle Sandwich Cereals, Fruit, More <b>LUNCH:</b> Mini Chicken Corn Dogs Popcorn Chicken Salad	<b>22 BREAKFAST:</b> Blueberry Muffins Cereals, Fruit, More <b>LUNCH:</b> Chili Cheese Baked Potato Beef Taco Salad
<b>25 BREAKFAST:</b> Sausage Breakfast Pizza Cereals, Fruit, More <b>LUNCH:</b> Spaghetti w/Meatballs Kickin' Pinto Taco Salad	<b>26 BREAKFAST:</b> Maple Glazed Bacon Donut Cereals, Fruit, More <b>LUNCH:</b> Fish Sticks w/Mac & Cheese Turkey Chef Salad	<b>27 BREAKFAST:</b> Waffles Cereals, Fruit, More <b>LUNCH:</b> Chicken Ranch Flatbread Beef Nacho Salad	<b>28 BREAKFAST:</b> Country Chicken Biscuit Cereals, Fruit, More <b>LUNCH:</b> Mexican Tortilla Bowl Popcorn Chicken Salad	<b>29 BREAKFAST:</b> Cheesy Sausage & Egg Burrito Cereals, Fruit, More <b>LUNCH:</b> Chicken Fried Rice & Egg Roll Tuna Salad Platter



**UPDATE YOUR RECORDS**

If your child received free or reduced price meals last year, you **MUST** complete a new application for this school year.



To complete a new application, go to [www.gccisd.net](http://www.gccisd.net) and look under the Parents section. You can also request a paper application, from your school office or cafeteria.

**Bonus! Check out the food in our other stations! (Not all stations open every day.)**


 Pasta   Pizza   Burgers   Pasta Bar   Tacos & Tortillas   Deli & Salads
 

	<b>Breakfast</b>	<b>Lunch</b>	
Student Full Price	FREE	\$2.10	Menus are subject to change without notice due to circumstances beyond our control. The most current menu is always posted at <a href="http://www.gccisd.net">www.gccisd.net</a>
Reduced Price	FREE	\$0.40	
Adult Price	\$2.30	\$2.75	