



October 2017

Main Course Breakfast & Lunch  
Gentry & Highlands Junior Schools



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>02 BREAKFAST:</b> Strawberry Pop Tart String Cheese Cereals, Fruit, More <b>LUNCH:</b> Mini Chicken Corn Dogs Kickin' Pinto Taco Salad</p>	<p><b>03 BREAKFAST:</b> Blueberry Muffin Cereals, Fruit, More <b>LUNCH:</b> Rotini w/Italian Meat Sauce Chicken Caesar Salad</p>	<p><b>04 BREAKFAST:</b> Scram. Eggs w/ Ham &amp; Cheese Hash Brown Patty Cereals, Fruit, More <b>LUNCH:</b> Broccoli &amp; Cheese Baker Ham &amp; Turkey Chef Salad</p>	<p><b>05 BREAKFAST:</b> Honey Sriracha Glazed Donut Cereals, Fruit, More <b>LUNCH:</b> Sausage, Red Beans, Rice Egg Chef Salad</p>	<p><b>06 BREAKFAST:</b> Sausage Breakfast Pizza Cereals, Fruit, More <b>LUNCH:</b> Popcorn Chicken w/Garlic Chili Sauce &amp; Rice Beef Taco Salad</p>
<p><b>09</b> <b>Student Holiday</b> <b>Staff Development Day</b></p>	<p><b>10 BREAKFAST:</b> Glazed Cinnamon Roll Cereals, Fruit, More <b>LUNCH:</b> Chicken Mashed Potato Bowl Tuna Salad Platter</p>	<p><b>11 BREAKFAST:</b> Cheesy Ham, Egg, Potato Bite Taco Cereals, Fruit, More <b>LUNCH:</b> Baked Lasagna All-American Cobb Salad</p>	<p><b>12 BREAKFAST:</b> Scrambled Eggs w/ Sausage &amp; Cheese &amp; Hash Brown Patty Cereals, Fruit, More <b>LUNCH:</b> Tater Bite Nachos w/Tortilla Ranch Chicken Salad</p>	<p><b>13 BREAKFAST:</b> Chicken &amp; Spicy Maple Cinnamon Waffle Cereals, Fruit, More <b>LUNCH:</b> Cajun Chili Fries Bowl Greek Salad</p>
<p><b>16 BREAKFAST:</b> Sausage Breakfast Pizza Cereals, Fruit, More <b>LUNCH:</b> Chick N' Cheese Griller Steak N' Cheese Griller Chicken Chef Salad</p>	<p><b>17 Discovery Day!</b> <b>BREAKFAST:</b> Scrambled Eggs w/Bacon Cheese, Hash Brown Pa Cereals, Fruit, More <b>LUNCH:</b> Chick N' Cheese Griller Steak N' Cheese Griller Ranch Popcorn Chicken Salad</p>	<p><b>18 BREAKFAST:</b> Bacon, Egg &amp; Cheese Donut Breakfast Melt Cereals, Fruit, More <b>LUNCH:</b> Chick N' Cheese Griller Steak N' Cheese Griller Tossed Salad with Cheese</p>	<p><b>19 BREAKFAST:</b> Chocolate Chip Muffin Cereals, Fruit, More <b>LUNCH:</b> Chick N' Cheese Griller Steak N' Cheese Griller Turkey Chef Salad</p>	<p><b>20 BREAKFAST:</b> Glazed Cinnamon Roll Cereals, Fruit, More <b>LUNCH:</b> Chick N' Cheese Griller Steak N' Cheese Griller Ham Chef Salad</p>
<p><b>23 BREAKFAST:</b> Powdered Sugar Donut Cereals, Fruit, More <b>LUNCH:</b> Meatloaf w/Marinara Sauce Chicken &amp; Cheese Salad</p>	<p><b>24 BREAKFAST:</b> Cheese &amp; Chicken Sausage Quesadilla Cereals, Fruit, More <b>LUNCH:</b> Chicken Mashed Potato Bowl All-American Cobb Salad</p>	<p><b>25 BREAKFAST:</b> Scram. Eggs w/Cheese, Hash Brown Patty Cereals, Fruit, More <b>LUNCH:</b> Chili Mac Italian Salad w/Ham</p>	<p><b>26 BREAKFAST:</b> Chicken &amp; Maple Syrup Waffle Sandwich Cereals, Fruit, More <b>LUNCH:</b> Mini Chicken Corn Dogs Popcorn Chicken Salad</p>	<p><b>27 BREAKFAST:</b> Blueberry Muffins Cereals, Fruit, More <b>LUNCH:</b> Chili Cheese Baked Potato Beef Taco Salad</p>
<p><b>30 BREAKFAST:</b> Sausage Breakfast Pizza Cereals, Fruit, More <b>LUNCH:</b> Spaghetti w/Meatballs Kickin' Pinto Taco Salad</p>	<p><b>31 BREAKFAST:</b> Maple Glazed Bacon Donut Cereals, Fruit, More <b>LUNCH:</b> Fish Sticks, Mac &amp; Cheese Turkey Chef Salad</p>	<p><b>New GRILLERS Oct. 16-20 !!</b></p>   <p><b>Chick N' Cheese</b></p>  <p><b>Steak N' Cheese</b></p>		<p><b>Discovery Day is Oct. 17</b></p> <p>Sample fresh Texas produce!</p> <p><b>Kale &amp; Oranges</b></p>



**TIME IS RUNNING OUT!!**  
If your child received free or reduced price meals last year, you **MUST** complete a new application by **October 13!**



To complete a new application, go to [www.gccisd.net](http://www.gccisd.net) and look under the Parents section. You can also request a paper application, from your school office or cafeteria.

**Bonus! Check out the food in our other stations! (Not all stations open every day.)**

Pasta Pizza Burgers Pasta Bar Tacos & Tortillas Deli & Salads

	Breakfast	Lunch
Student Full Price	FREE	\$2.10
Reduced Price	FREE	\$0.40
Adult Price	\$2.40	\$2.85

Menus are subject to change without notice due to circumstances beyond our control. The most current menu is always posted at [www.gccisd.net](http://www.gccisd.net)