



# February 2018

Main Course Breakfast & Lunch  
Baytown & Cedar Bayou  
Junior Schools



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



## Bowl-A-rama! Feb. 20-23



Spicy Thai Chicken Bowl



Chicken Hummus Salad



**01 BREAKFAST:**

Sausage Breakfast Pizza  
Fruit, Juice, Milk

**LUNCH:**

Chicken & Bean Nachos  
Turkey Chef Salad

**02 BREAKFAST:**

Banana Muffin  
Strawberry/Banana Yogurt  
Fruit, Juice, Milk

**LUNCH:**

3-Layer Nacho Dip & Chips  
Ham Chef Salad

**05 BREAKFAST:**

Glazed Donut  
Fruit, Juice, Milk

**LUNCH:**

Meatloaf w/Marinara  
Sauce  
Chicken & Cheese Salad

**06 BREAKFAST:**

Morning Sausage Roll  
Fruit, Juice, Milk

**LUNCH:**

Chicken Mash. Potato Bowl  
Ham & Cheese Sub

**07 BREAKFAST:**

Turkey Sausage Sandwich  
Fruit, Juice, Milk

**LUNCH:**

Chili Mac  
Italian Salad w/Ham

**08 BREAKFAST:**

Sausage Breakfast Pizza  
Fruit, Juice, Milk

**LUNCH:**

Mini Chicken Corn Dogs  
Popcorn Chicken Salad

**09 BREAKFAST:**

Cereal Bar  
String Cheese  
Fruit, Juice, Milk

**LUNCH:**

Chili Cheese Baked Potato  
Beef Taco Salad

**12 BREAKFAST:**

Chocolate Chip Muffin  
Strawberry Banana Yogurt  
Fruit, Juice, Milk

**LUNCH:**

Spaghetti w/Meatballs  
Kickin' Pinto Taco Salad

**13 BREAKFAST:**

Turkey Sausage Sandwich  
Fruit, Juice, Milk

**LUNCH:**

Fish Sticks w/Mac & Cheese  
Turkey Chef Salad

**14 BREAKFAST:**

Poptart, String cheese,  
Fruit, Juice, Milk

**LUNCH:**

Spaghetti & Meatballs  
w/ Apple/Strawberry Cups  
Beef Nacho Salad

**15 BREAKFAST:**

Cereal Bar  
Animal Crackers  
Fruit, Juice, Milk

**LUNCH:**

Mexican Tortilla Bowl  
Popcorn Chicken Salad

**16 BREAKFAST:**

Sausage Breakfast Pizza  
Fruit, Juice, Milk

**LUNCH:**

Chicken Fried Rice/Eggroll  
Tuna Salad Platter

**Student Holiday**



Staff Development Day

**20 DISCOVERY DAY**

**BREAKFAST:**  
Country Chicken Biscuit  
Fruit, Juice, Milk

**LUNCH:**

Chicken & Hummus Bowl  
Chicken Caesar Salad

**21 BREAKFAST:**

Blueberry Muffin  
Strawberry/Banana Yogurt  
Fruit, Juice, Milk

**LUNCH:**

Spicy Thai Chicken Bowl  
Ham & Turkey Chef Salad

**22 BREAKFAST:**

Glazed Donut  
Fruit, Juice, Milk

**LUNCH:**

Chicken & Hummus Bowl  
Egg Chef Salad

**23 BREAKFAST:**

Sausage Breakfast Pizza  
Fruit, Juice, Milk

**LUNCH:**

Spicy Thai Chicken Bowl  
Beef Taco Salad

**26 BREAKFAST:**

Bosco Stick w/cheese, egg,  
turkey bacon  
Fruit, Juice, Milk

**LUNCH:**

Mini Chicken Corn Dogs  
Kickin' Pinto Taco Salad

**27 BREAKFAST:**

Glazed Cinnamon Roll  
Fruit, Juice, Milk

**LUNCH:**

Chicken Mashed Potato  
Bowl  
Tuna Salad Platter

**28 BREAKFAST:**

Cereal Bar  
String Cheese  
Fruit, Juice, Milk

**LUNCH:**

Baked Lasagna  
All-American Cobb Salad

## Bonus!

Check out the other choices we offer!

(Not all available every day.)



Pizza

Burgers



Tacos & Tortillas

Salads



Deli Sandwiches



## DID YOU KNOW...

Breakfast is **FREE** for **ALL** students at Goose Creek CISD?  
Healthy breakfasts are served **every** day at **every** school!

Save time AND money. Encourage your kids to **EAT** at **SCHOOL!**

We offer a variety of fruit and vegetable sides so students can choose their own healthy favorites.

Daily Beverage choices include white and chocolate skim milk and assorted juices. (Soy milk is available for lactose-intolerant students.)

	Breakfast	Lunch
Student Full Price	FREE	\$2.10
Reduced Price	FREE	\$0.40
Adult Price	\$2.30	\$2.85

Menus are subject to change without notice due to circumstances beyond our control. The most current menu is always posted at [www.gccisd.net](http://www.gccisd.net)

Children may be eligible for free or reduced meals depending upon family size and income standards. Find out by visiting Nutrition Services at [www.gccisd.net](http://www.gccisd.net) OR visit us at 2200 Market St., Baytown OR call 281-420-4640. All menus conform to TDA and USDA standards that regulate the nutritional analysis of these servings. Nutritional analysis are calculated on a week-to-week basis. The GCCISD Child Nutrition Department is committed to helping promote the well-being of students today and tomorrow. USDA is an equal opportunity provider and employer.

