

# Physician's Request for Special Dietary Accommodations



All sections must be **completely** filled out before form will be accepted. Date: \_\_\_\_\_  
School Year: \_\_\_\_\_

**Part I (To be completed by Parent/Guardian)**

Name of Student (Last): \_\_\_\_\_ (First): \_\_\_\_\_ Date of Birth: \_\_\_/\_\_\_/\_\_\_

School Attended: \_\_\_\_\_ Grade: \_\_\_\_\_ Student ID#: \_\_\_\_\_

Which meals will the child eat at school (please circle)? **Breakfast** **Lunch** **After School Snack** **Supper**

School Nurse/Nurse Consultant: \_\_\_\_\_ Contact Information: \_\_\_\_\_

Parent/Guardian: \_\_\_\_\_ Phone #: \_\_\_\_\_ E-mail: \_\_\_\_\_

I give Heath Services/Nutrition Services permission to speak with the below named Physician or Authorized Medical Authority to discuss the dietary needs described below.

\_\_\_\_\_  
Parent/Guardian Signature Date

**Part II (To be completed by School Nurse or Physician)**

**Does the child have a disability (please circle)?**      **Yes**      **No**

Under Section 504 of the Rehabilitation Act of 1973 and the Americans with Disabilities Act (ADA) of 1990, a "person with a disability" is any person who has a physical or mental impairment that substantially limits one or more life activities, has a record of such an impairment or is regarded as having such an impairment.

**If yes, please describe the major life activities affected by the disability:** \_\_\_\_\_

**Does the child have a life-threatening food allergy?**      **Yes**      **No**

If yes to any of the above questions, Part III must be completed and signed by a Licensed Physician.

If no to both questions, Part III may be completed and signed by a Licensed Physician or Recognized Medical Authority.

**Part III (To be completed by Licensed Physician or Recognized Medical Authority [i.e. Physician Assistant or Advanced Practice Nurse])**

**Medical Diagnosis:** \_\_\_\_\_

**Foods to be avoided:**

____ Fluid milk	____ All dairy products	____ All milk protein (casein, whey, etc.)	____ Soy protein
____ Wheat	____ Gluten	____ Eggs	____ All egg protein (albumin, etc.)
____ Seafood	____ Corn (as major ingredient)	____ All corn additives (dextrin, caramel color, etc.)	
____ Peanuts	____ All nuts	____ All foods produced in a facility with nut containing products	
____ Other (Please be specific): _____			

**Foods to be substituted:** \_\_\_\_\_

(For non-disabled students who cannot have fluid milk, nutrition services will choose the most appropriate milk substitute.)

**Texture Modification:** \_\_\_\_ **Soft** \_\_\_\_ **Minced** \_\_\_\_ **Pureed** **Other (specify)** \_\_\_\_\_

**Name of Medical Authority (please print):** \_\_\_\_\_

**Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Phone:** \_\_\_\_\_ **Fax:** \_\_\_\_\_

**Mailing Address:** \_\_\_\_\_

*Send completed forms to school nurse/nurse consultant. Physician requests must be renewed each school year.*

**Any change of treatment must be requested in writing by the physician.** To ensure that the request is processed prior to the first day of school, submit the request no later than one month prior to the first day of school

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