

# Ranger Tennis Camp

**Date:** Monday – Thursday, June 5-8, 2023

**Time:** 9:00 – 12:00 p.m.

**Cost:** \$60.00 (\$55.00 each for two or more in the same family)

IN PERSON REGISTRATION 5/15 AND 5/16 5:00-6:00 pm @ STERLING TENNIS COURTS

**Campers:** Boys and Girls, 6 – 14 years old (incoming freshman)

**Registration Deadline:** May 24, 2023    **Refunds:** None after June 1, 2023

Only the **first 60** applicants will be accepted. Hurry and Register.

On acceptance, the camper will receive communication of acceptance.



#### Cost Includes:

- T-shirt
- Certificate of participation and competition
- Court picture
- Popsicles

#### What to bring:

- Tennis racket
- Sunscreen
- Water jug filled with water and ice
- Appropriate tennis shoes

#### Typical Day at Ranger Tennis Camp:

|               |                               |
|---------------|-------------------------------|
| 9:00 – 9:15   | Conditioning and warm-up      |
| 9:15 – 10:00  | Drills and skills             |
| 10:00 – 10:15 | Games and competitions        |
| 10:15 – 10:45 | More drills and skills        |
| 10:45-11:00   | Popsicle break                |
| 11:00 – 11:50 | Instruction, skills, and play |
| 11:50 – 12:00 | Sticker winners recognized    |

# Summer Fun!!!

**Please return the attached form with information and payment.**

**Ranger Tennis Clinic  
June 5 – June 8, 2023**

Name \_\_\_\_\_

Gender:    **Female**            **Male**            Age \_\_\_\_\_ (as of June 1, 2023)

Address \_\_\_\_\_  
\_\_\_\_\_

Home phone \_\_\_\_\_ Cell \_\_\_\_\_

Email \_\_\_\_\_

Emergency Phone number \_\_\_\_\_ Name \_\_\_\_\_

Please circle your choice(s):

T-shirt size:            Child:    **S**   **M**   **L**   **XL**            Adult:   **S**   **M**   **L**   **XL**

Ability level:    **Never hit a ball**            **Beginner**            **Advanced-Beginner**  
**Intermediate**

Please make checks payable to:    **Sterling Tennis** (Please include your TDL #)

**Permission Form**

**I hereby release the Ranger Tennis Clinic staff, Sterling High School, Goose Creek C.I.S.D. and Coach Tremmel from any responsibility due to injury while my child is participating in the Ranger Tennis Clinic.**

My son/daughter is covered by the following Medical Insurance Policy:

Insurance Company \_\_\_\_\_ Policy # \_\_\_\_\_

Insurance Company phone # \_\_\_\_\_

Parent's Signature: \_\_\_\_\_

**Please mail to:**    Mr. John Tremmel  
                              Ross. Sterling High School  
                              300 W. Baker Rd.  
                              Baytown, TX 77521  
                              281-420-4500

**Ranger Tennis Clinic  
June 5 – June 8, 2023**

**Please return this page with your payment.  
You will receive notification of acceptance.**