


# January 2021 Junior High Menu On the Main Course



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<p><b>05</b> <b>Breakfast:</b> Mini Pancake Bites or Cinnamon Toast Crunch <b>Lunch:</b> Doritos Walking Tacos; Roasted Sweet Potato; Refried Beans; Apple Slices; Pineapple Tidbits Salad of the Day: All-American Salad</p>	<p><b>06</b> <b>Breakfast:</b> Cinnamon Roll or Lucky Charms <b>Lunch:</b> Chili Garlic Chicken w/Lo Mein; Baby Carrots; Broccoli; Watermelon; Mandarin Oranges Salad of the Day: Buffalo Ranch Salad</p>	<p><b>07</b> <b>Breakfast:</b> Chicken &amp; Waffle Sandwich or Cocoa Puffs <b>Lunch:</b> Cajun Chili Fries w/Roll; Cucumber Tomato Salad; Green Beans; Cantaloupe; Sliced Pears Salad of the Day: Cobb Salad</p>	<p><b>08</b> <b>Breakfast:</b> Blueberry Muffin and Yogurt or Cinnamon Toast Crunch <b>Lunch:</b> Four Cheese Mac &amp; Cheese w/Garlic Toast Side Salad; California Blend; Pineapple; Fruit Cocktail Salad of the Day: Vegetarian Egg &amp; Cheese Salad</p>
<p><b>11</b> <b>Breakfast:</b> Cocoa Puff Soft Filled Bar or Lucky Charms <b>Lunch:</b> Meatball Sub Cool Ranch Coleslaw; Baked Beans; Orange; Diced Peaches; Salad of the Day: Beef Nacho Salad</p>	<p><b>12</b> <b>Breakfast:</b> Ham, Egg, Cheese Bagel or Cocoa Puffs <b>Lunch:</b> Spaghetti Carbonara; Grape Tomatoes; Broccoli; Watermelon; Sliced Pears; Salad of the Day: All-American Salad</p>	<p><b>13</b> <b>Breakfast:</b> Banana Split Yogurt Parfait or Cinnamon Toast Crunch <b>Lunch:</b> Kickin' Chicken Fries w/Roll; Side Salad; California Blend; Grapes; Fruit Cocktail; Salad of the Day: Buffalo Ranch Salad</p>	<p><b>14</b> <b>Breakfast:</b> Breakfast Pizza or Lucky Charms <b>Lunch:</b> Beef and Bean Tortilla Bowl; Sweet Potato Fries; MexiCali Corn; Apple Slices; Pineapple Tidbits; Salad of the Day: Cobb Salad</p>	<p><b>15</b> <b>Breakfast:</b> Cheesy Sausage &amp; Egg Burrito or Cinnamon Toast Crunch <b>Lunch:</b> Chicken Mashed Potato Bowl w/Roll; Baby Carrots; Peas; Cantaloupe; Applesauce; Salad of the Day: Vegetarian Egg &amp; Cheese Salad</p>
<p><b>18</b></p>  <p><b>No School</b></p>	<p><b>19</b> <b>Breakfast:</b> Cinnamon Pop-Tart with String Cheese or Cocoa Puffs <b>Lunch:</b> Beef Taco Mac &amp; Cheese; Side Salad; California Blend; Orange; Diced Peaches; Salad of the Day: All-American Salad</p>	<p><b>20</b> <b>Breakfast:</b> Sausage &amp; Cheese Biscuit or Cinnamon Toast Crunch <b>Lunch:</b> Hang Time Basket; Celery Sticks; Green Beans; Apple Slices; Fruit Cocktail; Salad of the Day: Buffalo Ranch Salad</p>	<p><b>21</b> <b>Breakfast:</b> Vanilla Glazed Doughnut or Lucky Charms <b>Lunch:</b> Meatballs &amp; Gravy over Mashed Potatoes; Baby Carrots; Peas; Mixed Fruit Cup; Applesauce Salad of the Day: Cobb Salad</p>	<p><b>22</b> <b>Breakfast:</b> Ham, Egg, Cheese Pancake Melt or Cinnamon Toast Crunch <b>Lunch:</b> Spicy Chicken and Waffle Sandwich; Cool Ranch Coleslaw; Chipotle Campfire Beans; Grapefruit Half; Pineapple Salad of the Day: Vegetarian Egg &amp; Cheese Salad</p>
<p><b>25</b> <b>Breakfast:</b> Chocolate-Chocolate Chip Muffin and Yogurt or Lucky Charms <b>Lunch:</b> Chicken Parmesan w/Penne Pasta; Side Salad; California Blend; Cantaloupe; Fruit Cocktail; Salad of the Day: Beef Nacho Salad</p>	<p><b>26</b> <b>Breakfast:</b> Bacon, Egg, Cheese Biscuit or Cocoa Puffs <b>Lunch:</b> Backyard Burger; Baby Carrots; Baked Beans; Grapes; Applesauce; Salad of the Day: All-American Salad</p>	<p><b>27</b> <b>Breakfast:</b> Blueberry Yogurt Parfait with Cinnamon Bug Bite Crackers or Cinnamon Toast Crunch <b>Lunch:</b> General Tso Chicken w/White Rice; Cucumber; Broccoli; Pineapple; Mandarin Oranges; Salad of the Day: Buffalo Ranch Salad</p>	<p><b>28</b> <b>Breakfast:</b> Cinnamon Roll or Lucky Charms <b>Lunch:</b> Chipotle Chili Frito Bowl; Grape Tomatoes; Mexicali Corn; Watermelon; Sliced Pears; Salad of the Day: Cobb Salad</p>	<p><b>29</b> <b>Breakfast:</b> Mini Pancake Bites or Cocoa Puffs <b>Lunch:</b> Cheese Enchilada Casserole w/Mexican Spiced Rice; Roasted Sweet Potato; Refried Beans; Mixed Fruit Cup; Pineapple Tidbits; Salad of the Day: Vegetarian Egg &amp; Cheese Salad</p>