



CONSOLIDATED
INDEPENDENT
SCHOOL DISTRICT

ENGAGE
INSPIRE
EMPOWER

September 2019 Senior Schools Menu on the HOME ZONE



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
02 LABOR DAY School holiday	03 Breakfast Glazed Cinnamon Roll Lunch Tater Bite Beef Nachos	04 Breakfast Chocolate Chocolate Chip Muffin Lunch Chicken & Spicy Maple Cinnamon Waffle Beef Nacho Salad	05 Breakfast Sausage Breakfast Pizza Lunch Ranch Chicken Flatbread	06 Breakfast Egg, Bacon & Cheddar Flatbread Sandwich Lunch Spaghetti Carbonara Popcorn Chicken Salad
09 Breakfast French Toast Sticks Lunch Chicken Hang Time Basket Turkey Chef Salad	10 Taste it Tuesday! Breakfast Cheese & Chicken Sausage Quesadilla Lunch Penne Alfredo with Chicken	11 Breakfast Scrambled Eggs with Ham & Cheese with Hashbrowns & Toast Lunch Chili Cheese Baked Potato Buffalo Chicken Salad	12 Breakfast Blueberry Muffin Lunch Chicken Fried Rice	13 Breakfast Sausage & Cheese Biscuit Lunch Beef Fingers Tossed Salad with Cheese
16 Breakfast Blueberry Pop Tart with String Cheese Lunch FUEL WEEK! Spicy Popcorn Chicken with Sweet Potato Tots & BBQ Creme Breaded Fish Melt Kickin' Bean Nacho Salad	17 Breakfast Glazed Cinnamon Roll Lunch FUEL WEEK! Spicy Popcorn Chicken with Sweet Potato Tots & BBQ Creme Chicken Mashed Potato Bowl	18 Breakfast Sausage Breakfast Pizza Lunch FUEL WEEK! Spicy Popcorn Chicken with Sweet Potato Tots & BBQ Creme Fiery Cheetos Mac & Cheese Egg Salad with Celery & Carrots	19 Breakfast Mini Strawberry Bagels Lunch FUEL WEEK! Spicy Popcorn Chicken with Sweet Potato Tots & BBQ Creme Beef & Bean Taco Flatbread	20 NO SCHOOL Staff Development Day
23 Breakfast Waffles Lunch Country Fried Steak All-American Cobb Salad	24 Breakfast Sausage & Cheese Biscuit Lunch Popcorn Chicken with Garlic Chili Sauce	25 Breakfast Scrambled Eggs with Sausage & Cheese with Hashbrowns & Toast Lunch Backyard Burger Turkey & Cheese Salad	26 Breakfast Powdered Sugar Donut Lunch Baked Lasagna	27 ICE CREAM DAY! Breakfast Sausage Breakfast Pizza Lunch BBQ Meatball Sub Chicken Chef Salad



PARENTS – PLEASE COMPLETE A NEW MEAL APPLICATION

If your child received free or reduced-price meals last year, you **MUST** complete a new application by **September 26**.

To complete a new application, go to

www.gccisd.net

and click on Menus, then Free & Reduced Lunch Application. You can also request a paper application from your school office or cafeteria.

	Breakfast	Lunch
Full Price	FREE	\$2.15
Reduced Price	FREE	\$0.40
Adult Price	\$2.50	\$2.85

Menus are subject to change without notice due to circumstances beyond our control. The most current menu is always posted at www.gccisd.net under Nutrition Services

Children may be eligible for free or reduced meals depending upon family size and income standards.

Find out by visiting Nutrition Services at www.gccisd.net OR visit us at 2200 Market St., Baytown OR call 281-420-4640.

All menus conform to TDA and USDA standards that regulate the nutritional analysis of these servings. Nutritional analysis are calculated on a week-to-week basis. The GCCISD Child Nutrition Department is committed to helping promote the well-being of students today and tomorrow. USDA is an equal opportunity provider and employer.

