



CONSOLIDATED  
INDEPENDENT  
SCHOOL DISTRICT

ENGAGE  
INSPIRE  
EMPOWER

# September 2019 IMPACT Early College High School



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>02</b> <b>LABOR DAY</b> <b>School holiday</b>	<b>03</b> <b>Breakfast</b> Vanilla Glazed Donut <b>Lunch</b> Tater Bite Beef Nachos Pasta Bar Ass't Grill & Tortilla Items	<b>04</b> <b>Breakfast</b> Chocolate Chocolate Chip Muffin <b>Lunch</b> Chicken & Spicy Maple Cinnamon Waffle Beef Nacho Salad Ass't Grill & Tortilla Items	<b>05</b> <b>Breakfast</b> Sausage Breakfast Pizza <b>Lunch</b> <b>National Cheese Pizza Day!</b> Pepperoni & <b>Cheese Pizza</b> Ass't Grill & Tortilla Items	<b>06</b> <b>Breakfast</b> Egg, Bacon & Cheddar Flatbread Sandwich <b>Lunch</b> Spaghetti Carbonara Popcorn Chicken Salad Ass't Grill & Tortilla Items
<b>09</b> <b>Breakfast</b> French Toast Sticks <b>Lunch</b> Chicken Hang Time Basket Turkey Chef Salad Ass't Grill & Tortilla Items	<b>10 Taste it Tuesday!</b> <b>Breakfast</b> Cheese & Chicken Sausage Quesadilla <b>Lunch</b> Penne Alfredo w/Chicken Pasta Bar Ass't Grill & Tortilla Items	<b>11</b> <b>Breakfast</b> Scrambled Eggs w/Ham & Cheese, Hashbrowns, Toast <b>Lunch</b> Chili Cheese Baked Potato Buffalo Chicken Salad Ass't Grill & Tortilla Items	<b>12</b> <b>Breakfast</b> Blueberry Muffin <b>Lunch</b> Pepperoni & Cheese Pizza Ass't Grill & Tortilla Items	<b>13</b> <b>Breakfast</b> Sausage & Cheese Biscuit <b>Lunch</b> Beef Fingers Tossed Salad w/Cheese Ass't Grill & Tortilla Items
<b>16</b> <b>Breakfast</b> Blueberry Pop Tart with String Cheese <b>Lunch</b> <b>FUEL WEEK!</b> <b>Spicy Popcorn Chicken with Sweet Potato Tots &amp; BBQ Creme</b> Breaded Fish Melt Kickin' Bean Nacho Salad Ass't Grill & Tortilla Items	<b>17</b> <b>Breakfast</b> Glazed Cinnamon Roll <b>Lunch</b> Chicken Mashed Potato Bowl Pasta Bar Ass't Grill & Tortilla Items	<b>18</b> <b>Breakfast</b> Sausage Breakfast Pizza <b>Lunch</b> <b>FUEL WEEK!</b> <b>Spicy Popcorn Chicken with Sweet Potato Tots &amp; BBQ Creme</b> Fiery Cheetos Mac & Cheese Egg Salad w/Celery & Carrots Ass't Grill & Tortilla Items	<b>19</b> <b>Breakfast</b> Bacon, Egg & Breakfast Tacos <b>Lunch</b> Pepperoni & Cheese Pizza Ass't Grill & Tortilla Items	<b>20</b> <b>NO SCHOOL</b> <b>Staff Development Day</b>
<b>23</b> <b>Breakfast</b> Waffles <b>Lunch</b> Country Fried Steak All-American Cobb Salad Ass't Grill & Tortilla Items	<b>24</b> <b>Breakfast</b> Sausage & Cheese Biscuit <b>Lunch</b> Popcorn Chicken with Garlic Chili Sauce Ass't Grill & Tortilla Items	<b>25</b> <b>Breakfast</b> Scrambled Eggs with Sausage & Cheese with Hashbrowns & Toast <b>Lunch</b> Backyard Burger Turkey & Cheese Salad Ass't Grill & Tortilla Items	<b>26</b> <b>Breakfast</b> Powdered Sugar Donut <b>Lunch</b> Pepperoni & Cheese Pizza Ass't Grill & Tortilla Items	<b>27 ICE CREAM DAY!</b> <b>Breakfast</b> Sausage Breakfast Pizza <b>Lunch</b> BBQ Meatball Sub Chicken Chef Salad Ass't Grill & Tortilla Items 

## PARENTS – PLEASE COMPLETE A NEW MEAL APPLICATION

If your child received free or reduced-price meals last year, you **MUST** complete a new application by **September 26.**

To complete a new application, go to [www.gccisd.net](http://www.gccisd.net)

and click on Menus, then Free & Reduced Lunch Application. You can also request a paper application from your school office or cafeteria.

	Breakfast	Lunch
Full Price	FREE	\$2.15
Reduced Price	FREE	\$0.40
Adult Price	\$2.50	\$2.85

*Menus are subject to change without notice due to circumstances beyond our control. The most current menu is always posted at [www.gccisd.net](http://www.gccisd.net) under Nutrition Services*

*Children may be eligible for free or reduced meals depending upon family size and income standards.*

*Find out by visiting Nutrition Services at [www.gccisd.net](http://www.gccisd.net) OR visit us at 2200 Market St., Baytown OR call 281-420-4640.*

All menus conform to TDA and USDA standards that regulate the nutritional analysis of these servings. Nutritional analysis are calculated on a week-to-week basis. The GCCISD Child Nutrition Department is committed to helping promote the well-being of students today and tomorrow. USDA is an equal opportunity provider and employer.

