

# May/June 2021

IMPACT Early College on the Home Station

All meals come with fruit, vegetables and juice or milk.



<p><b>03</b> <b>Breakfast:</b> Mini Strawberry Bagel or Lucky Charms <b>Lunch:</b> Orange Chicken w/ White Rice; Turkey &amp; Cheese Sub; Assorted Grill &amp; Tortilla Items; Chocolate &amp; Vanilla Pudding Parfait</p>	<p><b>04</b> <b>Breakfast:</b> Cinnamon Pop-Tart with Yogurt or Cocoa Puffs <b>Lunch:</b> Chicken Tater Tot Nachos; Turkey &amp; Cheese Croissant; Nathan's Crunch Wrap; Assorted Grill items; Pasta Bar</p>	<p><b>05 Cinco De Mayo</b> <b>Breakfast:</b> Sausage &amp; Cheese Biscuit or Cinnamon Toast Crunch <b>Lunch:</b> Hang Time Basket; Assorted Grill &amp; Tortilla Items; Berry Blue Jell-O Parfait</p>	<p><b>06</b> <b>Breakfast:</b> Vanilla Glazed Doughnut or Lucky Charms <b>Lunch:</b> Meatballs &amp; Gravy over Mashed Potatoes; Pizza; Ham &amp; Cheese Sub; Chicken Tenders w/Roll; Fruits &amp; Vegetables</p>	<p><b>07</b> <b>Breakfast:</b> Ham, Egg, Cheese Pancake Melt or Cinnamon Toast Crunch <b>Lunch:</b> Chicken and Spicy Maple Waffle Sandwich; Turkey &amp; Cheese Sub; Assorted Grill Items; Fruits &amp; Vegetables</p>
<p><b>10</b> <b>Breakfast:</b> Chocolate-Chocolate chip Muffin &amp; Yogurt or Lucky Charms <b>Lunch:</b> <b>FUEL: Jerk Chicken Wrap</b> Chicken Parmesan w/ Penne Pasta; Turkey &amp; Cheese Sub; Assorted Grill &amp; Tortilla Items; Fruits &amp; Vegetables</p>	<p><b>11</b> <b>Breakfast:</b> Bacon, Egg &amp; Cheese Biscuit or Cocoa Puffs <b>Lunch:</b> Backyard Burger; Ham &amp; Cheese Sub; Nathan's Crunch Wrap; Assorted Grill items; Pasta Bar</p>	<p><b>12</b> <b>Breakfast:</b> Blueberry Yogurt Parfait with Bug Bites or Cinnamon Toast Crunch <b>Lunch:</b> <b>FUEL: Jerk Chicken Wrap</b> General TSO Chicken w/ White Rice; Ham &amp; Cheese Sub; Assorted Grill &amp; Tortilla Items; Fruits &amp; Vegetables</p>	<p><b>13</b> <b>Breakfast:</b> Cinnamon Roll or Lucky Charms <b>Lunch:</b> Chipotle Chili Frito Bowl; Ham &amp; Cheese Sub; Pizza; Assorted Grill Items; Nathan's Crunch Wrap</p>	<p><b>14</b> <b>Breakfast:</b> Mini Pancake Bites or Cocoa Puffs <b>Lunch:</b> <b>FUEL: Jerk Chicken Wrap</b> Cheese Enchilada Caserole w/Mexican Spiced Rice; Ham &amp; Cheese Sub; Assorted Grill &amp; Tortilla Items; Fruits &amp; Vegetables</p>
<p><b>17</b> <b>Breakfast:</b> Strawberry Pop-Tart with String Cheese or Cinnamon Toast Crunch <b>Lunch:</b> Chili Cheese Dog on Pretzel Bun; Turkey &amp; Cheese Sub; Assorted Grill &amp; Tortilla; Chocolate &amp; Vanilla Pudding Parfait</p>	<p><b>18</b> <b>Breakfast:</b> Breakfast Pizza or Lucky Charms <b>Lunch:</b> Chicken Mashed Potato Bowl; Turkey &amp; Cheese Sub; Nathan's Crunch Wrap; Assorted Grill items; Pasta Bar</p>	<p><b>19</b> <b>Breakfast:</b> Vanilla Glazed Doughnut or Cocoa Puffs <b>Lunch:</b> Beef, Bean &amp; Cheese Burrito; Turkey &amp; Cheese Sub; Assorted Grill &amp; Tortilla Items; Jell-O Parfait</p>	<p><b>20</b> <b>Breakfast:</b> Bacon, Egg &amp; Cheese Burrito or Cinnamon Toast Crunch <b>Lunch:</b> Lasagna w/Garlic Toast; Turkey &amp; Cheese Sub; Pizza; Assorted Grill Items; Nathan's Crunch Wrap</p>	<p><b>21</b> <b>Breakfast:</b> Cinnamon Toast Crunch Soft Filled Bar or Lucky Charms <b>Lunch:</b> Fish Sandwich; Turkey &amp; Cheese Sub; Assorted Grill &amp; Tortilla Items; Fruits &amp; Vegetables; Carnival Cookie</p>
<p><b>24</b> <b>Breakfast:</b> Sausage &amp; Cheese Biscuit or Cocoa Puffs <b>Lunch:</b> Chicken Fried Steak w/ Mashed Potatoes &amp; Country Gravy; Turkey &amp; Cheese Sub; Assorted Grill &amp; Tortilla; Chocolate &amp; Vanilla Pudding Parfait</p>	<p><b>25</b> <b>Breakfast:</b> Mini Pancake Bites or Cinnamon Toast Crunch <b>Lunch:</b> Doritos Walking Taco; Turkey &amp; Cheese Sub; Nathan's Crunch Wrap; Assorted Grill items; Pasta Bar</p>	<p><b>26</b> <b>Breakfast:</b> Cinnamon Roll or Lucky Charms <b>Lunch:</b> Chili Garlic Chicken w/Lo Mein; Turkey &amp; Cheese Sub; Assorted Grill &amp; Tortilla Items; Jell-O Parfait</p>	<p><b>27 National Burger Day</b> <b>Breakfast:</b> Chicken &amp; Waffle Sandwich or Cocoa Puffs <b>Lunch:</b> Backyard Burger; Cajun Chili Fries w/Roll; Turkey &amp; Cheese Sub; Pizza; Assorted Grill Items; Nathan's Crunch Wrap</p>	<div style="background-color: #4a86e8; color: white; padding: 20px; text-align: center;"> <p><b>Asynchronous Day</b></p> </div>
<div style="background-color: #4a86e8; color: white; padding: 20px; text-align: center;"> <p><b>Memorial Day</b></p> <p><b>No School</b></p> </div>	<p><b>June 01</b> <b>Breakfast:</b> Ham, Egg &amp; Cheese Bagel or Cocoa Puffs <b>Lunch:</b> Spaghetti Carbonara; Turkey &amp; Cheese Sub; Nathan's Crunch Wrap; Assorted Grill items</p>	<p><b>02</b> <b>Breakfast:</b> Banana Split Yogurt Parfait or Cinnamon Toast Crunch <b>Lunch:</b> Kickin' Chicken Fries w/ Roll; Turkey &amp; Cheese Sub; Assorted Grill &amp; Tortilla Items; Jell-O Parfait</p>	<p><b>03</b> <b>Breakfast:</b> Breakfast Pizza or Lucky Charms <b>Lunch:</b> Sweet &amp; Sour Chicken w/ Fried Rice; Turkey &amp; Cheese Sub; Pizza; Assorted Grill Items; Nathan's Crunch Wrap</p>	<p><b>04</b> <b>Breakfast:</b> Sausage, Egg &amp; Cheese Burrito or Cinnamon Toast Crunch <b>Lunch:</b> Chicken Mashed Potato Bowl; Turkey &amp; Cheese Sub; Assorted Grill &amp; Tortilla Items; Fruits &amp; Vegetables; Cookie</p>
<p><b>07</b> <b>Breakfast:</b> Mini Strawberry Bagel or Lucky Charms <b>Lunch:</b> Orange Chicken w/ White Rice; Turkey &amp; Cheese Sub; Assorted Grill &amp; Tortilla Items; Chocolate &amp; Vanilla Pudding Parfait</p>	<p><b>08</b> <b>Breakfast:</b> Cinnamon Pop-Tart with Yogurt or Cocoa Puffs <b>Lunch:</b> Chicken Tater Tot Nachos; Turkey &amp; Cheese Croissant; Nathan's Crunch Wrap; Assorted Grill items; Pasta Bar</p>	<p><b>09</b> <b>Breakfast:</b> Sausage &amp; Cheese Biscuit or Cinnamon Toast Crunch <b>Lunch:</b> Hang Time Basket; Assorted Grill &amp; Tortilla Items; Berry Blue Jell-O Parfait</p>	<p><b>10</b> <b>Breakfast:</b> Vanilla Glazed Doughnut or Lucky Charms <b>Lunch:</b> Meatballs &amp; Gravy over Mashed Potatoes; Pizza; Ham &amp; Cheese Sub; Chicken Tenders w/Roll; Fruits &amp; Vegetables</p>	<p><b>11 Last Day/Early Release</b> <b>Breakfast</b> Ham, Egg &amp; Cheese Pancake Melt or Cinnamon Toast Crunch <b>Lunch:</b> Turkey &amp; Cheese Sandwich</p>

Children may be eligible for free or reduced meals depending upon family size and income standards. Find out by visiting Nutrition Services at [www.gccisd.net](http://www.gccisd.net) OR call 281-420-4640. All menus conform to TDA and USDA standards that regulate the nutritional analysis of these servings. Nutritional analysis are calculated on a week-to-week basis. The GCCISD Child Nutrition Department is committed to helping promote the well-being of students today and tomorrow. **USDA is an equal opportunity provider and employer.** Menus are subject to change without notice due to circumstances beyond our control. The most current menu is always posted at [www.gccisd.net](http://www.gccisd.net) under Nutrition Services

	<i>Breakfast</i>	<i>Lunch</i>
<i>Full Price</i>	FREE	\$2.00
<i>Reduced Price</i>	FREE	\$0.40
<i>Adult Price</i>	\$2.50	\$3.00