



SHAC Meeting January 18, 2022

Welcome & Call to Order – The SHAC meeting was called to order by Sain R- Edwards - SHAC Co -Chair 2021-2022 and Facilitator on Tuesday, January 18th at 4:47 PM. The meeting was held in person at the GCCISD Administrative Building.

Introduction and Recognition of Guest

Mr. Edwards, welcome our two guests as they introduce themselves Shana Green- Curriculum Implementation Manager (CATCH Global Foundation) and Jose Saenz (GCCISD) Dietician.

Committee attendees/Roll call (Mr. Edwards)

Orianna Bankston, Nelda Benavides, Theresa Caldwell, Ruth Carrillo, Samuel Chapa, Christy Clements, Ashley Cox, Marilyn Heredia, Maria Ramirez, Patrick Brown Sr., David Reed, Diane Slack, Kim Kosteck, Timika Lee, Adam Bailey, Kerry Rickard, Joella Whitley, Stephanie Myers, Natalie Edwards, Amanda Kennington, Sain-R Edwards Jr., Michelle Nelson **(22 Present - Quorum wasn't met)**

Community Organization

Mr. Edwards expressed appreciation to the SHAC members, and special attendees from the various schools and organizational leaders within the district for coming out representing their different institutions, and SHAC at the same time.

Community Communication

Ms. Kennington, stated that SHAC meetings are closed to the public, allowing appointed members, and invited guests, also all questions and concerns may be shared to the organization email (SHAC@gccisd.net) no later than 5pm, four days prior to the scheduled meeting to ensure there is time on the agenda for public comment. Email correspondence will be shared with SHAC Executive members. GCCISD SHAC shares meeting information on the district website under Whole Child Initiatives.

SHAC Guiding Principles

Mr. Edwards (SHAC Co- Chair and Facilitator of the meeting) reiterate the importance of managing information, control, and measure how information is being internalize and transcend within and out of the organization. The rules and guidelines were established for staying on topic moreover, meeting norms and what is ahead of the meet agenda such as celebration and majority rule in any decision process.

SHAC Celebrations

- Ms. Kennington (SHAC Facilitator/Chair)- “The SHAC Chair would like to provide a few brief announcements and recognition at this time. First, we would like to share that the GCCISD SHAC annual report has been added to the 2021-2022 district strategic plan as a measure of the district’s commitment to strengthen community relationships and communications. This is a demonstration of support the SHAC is gaining from district leadership.”



- Ms. Nelson (SHAC Secretary): Thanked members who provided gifts to four students to ensure they would have a magical holiday as a part of the Angel Tree Donations.
- Ms. Kennington (Chair): Sain-R Edwards SHAC Co-chair/parent made master chief petty office (MCPO) who now constitute to the (1.25 %) of enlisted members in the maritime forces, Chair Kennington expressed congratulations on behalf of the organization and herself for his service and leadership.

Action Items:

No Action Items at this time.

Presentation – CATCH Global Foundation:

CATCH Global Foundation (Shana Green-Curriculum implementation manager) who was able to highlight the importance of the CATCH program, how it's impacting the communities and the progress compared to when it first started. Ms. Green added that the program was also able to team up with other organizations as a means of expansion and better able to serve the students and teachers in many school districts. Ms. Green express passion for the program, and it started during her tenure years of teaching inner city children for many years. Introduced and thanked by Co-Chair (Mr. Edwards). Contact Amanda Kennington, Healthy Community School Coordinator for more questions about the CATCH program in GCCISD.

- **Floor Opened to Questions**
 - a. Ms. Slack asked about a dummy website to test the new Health/PE recently adapted system, and our CATCH guest speaker (Shana Green) was able to address her concern.
 - b. Mr. Patrick Brown Sr (Teacher HMJ) --Spoke about his dedication and plans to expand CATCH at his next event along with others spreading the wonders of the program.

GCCISD SCHOOL HEALTH ADVISORY COUNCIL COMMITTEES 2021-2022

SHAC Subcommittee (GCCISD Coordinated School Health) Update

Mrs. Kennington introduced district leaders of each component to discuss what is happening in the district with coordinated school health. The report is as follows:

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Health Education / Physical Education & Physical Activity Committee Updates

- Mr. Tim Bailey, P.E. Teacher (Alamo Elementary) & Subcommittee Chair and part of the CATCH (district health program) provided update about the recruitment of community members to the Health/PE Textbook Adoption Committee and opportunity for public viewing of the materials from Jan. 10-14th. Mr. Bailey requested members to stay after the General Meeting if interested in participating to determine next Health Ed./PE & Physical Activity subcommittee meeting date.
- Amanda Kennington, Healthy Community School Coordinator reported the wellness committee will be meeting with district Executive Council for feedback on the wellness policy



recommendations reviewed by the subcommittee. Also noted that work will begin in late Spring/Summer to update the PE Scope and Sequence to include all new PE & Health TEKS. PE teachers will be gathering and will report Fitness gram data by the end of the school year. Kennington reported that sunshades were completed and installed at Carver and Travis Elementary thanks to GCCISD's partnership with Be Well Baytown. Campuses are required to teach one hour of sun safety education each school year. Kennington shared 1st 9 Weeks CATCH Implementation data.

Nutrition Services Committee Updates

- Director of Food Nutrition (Mrs. Natalie Edwards) Mrs. Edwards meet with the Nutrition subcommittee on October 25th, 2021, with Mr. David Reed (N.S. Chair Parent) and others to discuss recommendation, wellness plan and feedback as it relates to foods and nutrition. The goal is to use food and nutrition to positive influence student's behavior instead of a punishment by changing certain verbiage and better implementing strategic plans, such as timing and the need to continuously improve nutrition.
- Mr. David Reed (Subcommittee Chair) shared that the members met to tour Sterling HS, Travis Elementary, and Baytown Jr. cafeterias during lunch and had opportunity to ask questions and make suggestions that can be implemented when work begins on the wellness plan. Mr. Reed thanked Nutrition Services including Dietitian Jose Saenz for his time.

Family Involvement/Community Engagement & Health Services Committee

- Kennington shared that the district highlighted the dangers of e-cigarettes/vaping campaign during Red Ribbon Week and junior high and high school students enrolled in ASPIRE (A Smoking Prevention Interactive Experience) program. Kennington shared that the district hosted first pre-consented vaccine clinic at Gentry Jr. in November and mailed postcards to all junior high students. Upcoming vaccination will be held beginning in November. Kennington shared that since our last General meeting, Ms. Laura Rupp volunteered to be the parent chair for the subcommittee and is working with district leaders to include student voice on the SHAC as well as to provide more health services to the district. The committee is encouraging families and students 13 and up to register for the It's Time Texas Community Challenge to promote healthy living.
- Ms. Ruth Carrillo (Campus Student Success Specialist – Lamar) shared that the committee met Dec. 13th to take donations for the Angel Tree and discuss new items for communications and collaboration with community partners. Ms. Carrillo thanked Ms. Rickard (SHAC Member) for sharing Community Challenge information with the Baytown Sun. Ms. Carrillo shared that Ashbel Smith and Bowie Elementary partnered with Safe Routes Baytown at their campuses this past November. Lamar will be hosting a Walk to School event in March and Travis Elementary is planning its first Bike to School event this spring. SHAC members wishing to volunteer will receive an email. The committee is encouraging K-8 campuses to share upcoming dates for CATCH Family Nights or other community wellness related events with us by emailing SHAC@gccisd.net. Schools with walking trails open to the community: Lamar, Carver, Bowie, and Harlem. Monday-Friday 4:30-7:30 p.m. Saturday and Sunday 8:00 a.m.-7:00 p.m.

Employee Wellness / Mental Health & Counseling Committee Update



- Theresa Caldwell (Behavior & Mental Health Support Systems Coordinator) Addresses the importance of employee's wellness plan, and how effective the projects are through testing with various devices and stress relief techniques on schools' employees and students by attending their campuses Wellness on the Go, such as James Bowie Elementary (hosted Nov. 17th) and Ross Sterling High school (hosted Dec. 15th). Ms. Caldwell also shared that the district social-emotional learning & student wellness department has encouraged all principals and campus student support teams to participate in Grief Sensitive Schools training to support grieving students.
- Ms. Kim Kosteck shared that the committee met to discuss the results of the employee health and wellness survey, initial thoughts were shared, and members agreed that a greater response from auxiliary staff is needed. The committee noticed that employees reported that they were not aware of the workout facility for full time employees is open and strategies to increase awareness of resources is needed. The GCCISD Employee Wellness Center is open.
- Ms. Kennington shared that (based on the survey) employees are reaching out and the districts goal is to meet the health and wellness needs of our staff and communicate resources in the best possible manner.

Presentation – 2022 It's Time Texas Community Challenge Video – {click [here](#)}

Maggie Amaku, Community Programs Manager for It's Time Texas shared a video presentation to the council. Due to time, Mrs. Kennington is to share the video via email for members to view. Kennington shared that the It's Time Texas Community Challenge is an eight-week friendly, safe, and FREE health competition which celebrates healthy living. Even more than a competition, the Community Challenge is about encouraging each other to lead healthier lives and build a stronger more connected community. SHAC members were asked to sign a pledge of their support of the Community Challenge and took a picture in honor.

Upcoming Opportunities/Events

- 2022 Texas community challenge for a healthier you 01/03/2022-02/27/2022. Please don't forget registration, individual and group presentations to show your support. Click [here](#) to register.
- Heart and Hands Baytown Food Distribution (1/20 1/22 and 1/26) - Volunteers are always needed and welcome. Browse current opportunities and learn more about how you can serve your community at: <https://volunteer.unitedwaygbacc.org/>
- Lee College Health Fair March 29th, 2022 1-4pm (Contact Jason Summers, Lee College Wellness Coordinator)
- Be Well Baytown Day - Contact Mrs. Kennington if interested in participating in the community-wide event celebrating healthy-living and volunteers.

Spin the SHAC Wheel (Chair Kennington) and gifts distribution (Ms. Green) Winners

- Tim Bailey; Diana Slack; Kim Kosteck; Orianna Bankston

Announcements shared by Mrs. Kennington

Future SHAC General Meetings: **03/15/2022** (4:30-6:00pm); **05/10/2022** (4:30-6:00pm)



Meeting Adjourned

Mr. Edwards Jr. thanked members for attending, and the meeting concluded approximately 6:20 pm January 18, 2022.

SHAC Membership and Overview

School Health Advisory Council Liaison: Dr. Bolinger, GCCISD Executive Director of Strategic Planning

SHAC Executive Committee Officers:

Sain R- Edwards - SHAC Parent Co-Chair

Michelle Nelson - SHAC Secretary

Amanda Kennington - SHAC Facilitator/Chair

Standing Committee Chair (Parent): Brittnee Janowski; Laura Rupp; Kim Kosteck; David Reed

Standing Committee Co-Chair (Employee): Tim Bailey; Patrick Brown Sr.

District CSH Representatives

SHAC Liaison

District Representative (CSH):

Kevin Wroblewski

Lee Martinez

Amanda Kennington

Patricia Pena

Stephanie Myers

Thresa Caldwell

Natalie Edwards

Ruth Carrillo

Campus Representative:

Leticia LeGrair

Tim Bailey

Maria Ramirez

Patrick Brown Sr.

Sam Chapa

Christy Clement

Madison Gallagher

Myra LaVergne

Roslyn Scott

Diane Slack

Joella Whitley

Sarah Hix

Parent Members:

Synthia Almanza



Apricelle Thornton
Sain R- Edwards
Laura Shostak
Brittnee Janowski
Becci Dunn
Angela Servantes
Laura Rupp
Michelle Nelson
Susana Herrera-Toledo
Jazmine Eaglin
Lilia Camacho
Timika Lee
Kim Kosteck
Stephen Griffin
Beverly Kegler
Jessica Sims
Marilyn Herredia
Orianna Bankston
Ashley Cox
David Reed
Nicole Sonnier
Kerry Rickard
Nelva Benavides
Lillian Sockwell

Community Committee Member

Kara Ihegdibo
Kaci Pena
Rosemary Coffman



SHAC Overview

- **Standing Subcommittee 2021-2022 Goals and Vision**

Mr. Edwards, addressed subcommittee goals and vision by informing the committee that SHAC Chair and SHAC Co-Chair are responsible for overseeing subcommittees and the selection of their chairs, secretaries, and committee membership and may provide specific charges or procedures for those subcommittees the inclusion non members to serve only in a consultative capacity such as Health Education/Physical Education and Physical Activity; Nutrition Environment Services; Health Services; Counseling, Psychological, Social Services; Social & Emotional Climate; Healthy School Environment; Employee Wellness; Family Engagement & Community Involvement.

GCCISD SHAC Roles, Responsibilities & Regulations

- I. School Health Advisory Council (SHAC)- an advisory council to serve the GCCISD Board of Trustees; Provides advice & recommendations on school health and its impact on students and staff; Comprised of parents, district employees & non-profit members; Appointed by the GCCISD Board of Trustees; Required by law to meet at least four times each year; Duties outlined in state, local, and district policy
- II. Areas of Focus – all components of WSCC model
- III. SHAC duties - see BDF Legal
- IV. Design of SHAC in GCCISD 49 members, Executive Leader Liaison, District Chair, Parent Co-Chair, Secretary, Subcommittees
- V. Member Expectations – attend meetings; provide input & opinions; share pertinent SHAC information with community; support health & wellness initiatives presented at SHAC
- VI. SHAC Communication – SHAC Chair will communicate to Executive Leadership as well as Campus Wellness Teams; SHAC website (Community Tab Whole Child Initiatives); To the Board – annual report
- VII. Sub-committee & Roles – Health, PE & Physical Activity; Nutrition Services; Family Engagement & Community Involvement/Employee Wellness; Health, Counseling & Mental Health Services; Ad Hoc Committees
- VIII. SHAC Function – SHAC Regular Meetings; Subcommittee Meetings; Final report to the Board by June 2021
- IX. Impact on SHAC on students - Student’s health depends on everyday practice of healthy habits; Promoting healthy behaviors during childhood is more effective



than changing unhealthy adult habits; Healthy students have: Increased academic achievement