

SHAC Meeting March 15, 2022

Welcome & Call to Order – The SHAC meeting was called to order by SHAC Amanda Kennington-Chair 2021-2022 and Facilitator on Tuesday, March 15 at 4:39 PM. The meeting was held in person at the GCCISD Administration Building.

Introduction and Recognition of Guest

Ms. Kennington welcomes our two guests as they introduce themselves: Paola Uranga and Ms. Valentina Tobacco Cessation Specialist (Harris County Public Health)

Committee attendees/Roll call (Ms. Kennington)

Theresa Caldwell, Orianna Bankston, Nelda Benavides, Marilyn Heredia, Maria Ramirez, Patrick Brown Sr., ~~David Reed~~, Jazmine Eaglin, Patricia Pena, Kaci Pena, Diane Slack, Kim Kosteck, Leticia LeGrair, Lee Martinez, Ashley Cox, Christy Clement, Samuel Chapa, ~~Adam Bailey~~, Kerry Rickard, Joella Whitley, David Reed, Stephanie Myers, Natalie Edwards, Amanda Kennington, Michelle Nelson (**Quorum met**)

Community Organization

Ms. Kennington expressed appreciation to the SHAC members, and special attendees from the various schools and organizational leaders within the district for coming out to represent their various Campuses, and SHAC at the same time.

Community Communication

Ms. Kennington stated that SHAC meetings are closed to the public, allowing appointed members, and invited guests; also, all questions and concerns may be shared to the organization website (SHAC@gccisd.net) and shared with SHAC executive members.

SHAC Guiding Principles

Ms. Kennington reiterates the importance of managing information, control, and measuring how information is being internalized and transcends within and out of the organization.

SHAC Celebrations

Ms. Kennington (Chair) Introduction:

Congratulated the top ten (10) individuals (Angela Sanders, Steven Allbritton, Alondra Lopez, Sherry Young, Christy Clements, Cynthia Martinez, Eva Martinez, Jessica Ruiz, Sunrise Arriaga, Sam Chapa) who participated and earned the most points in the community health challenge across the district out of the 389 GCCISD staff members making healthier choices. On behalf of Be well Baytown, the board of Trustees, School Health Advisory Council and administrators across our district (Tokens handed out and pictures were taken.)

Challenge Spotlight:

Sam Chapa- accumulated the highest point for GCCISD, while working on his personal fitness goal, and encouraging others to do the same.

Action Items:

Reading and approval of minutes

1. November 9, 2021 (Stephanie Myers approved and David Reed second)
2. January 18, 2022 (Orianna Bankston approved and Marilyn Heredia second)

Presenter and Special Guest Presentation:

Ms. Kennington introduced the youth vaping presenter Paola Uranga and Ms. Valentina (Harris County Public Health Team). The representative discussed what is vaping, types of vaping and chemical used, the increased danger in adolescence and children, signs or early detection parents need be aware of and the various resources that are available to combat the deadly substances, such as NRT and yes.org that can aid with counseling and abstinence.

Priscilla Garza- (GCCISD Special Project Coordinator) Expanded on the youth vaping topic, started using preventive measures, and awareness through rules and guiding principles that apply to said topic. She mentioned every member and department play a vital role and should continue to spread the awareness through Catch my breath and PE.

Patricia Pena- (GCCISD Health Services Coordinator)

Stress the importance of having everyone onboard, such as parents to have answers to important questions, while bringing about awareness and educating them via town hall meetings and other forums.

Patrick Brown Sr.:

Individualized direct contact with parents is the best option to stop and prohibit the increased use among the youths in the schools.

Kim Kosteck: Said it is imperative that she knows how to recognize the signs of vaping since she has five (5) children.

SHAC Health Education/Physical Activity & PE Sub Committee:

Ms. Kennington addressed the requirements for the Proclamation 2022 and Health & PE. One vendor was approved by the TEA and covered 100% of the Health TEKS for each grade strand: K-5 Quaver Education; 6-8 & 9-12 Goodheart-Wilcox. These were presented to the SHAC as additional resources to the CATCH program that is already in action. A letter of support was needed to aid in the approval before the board of trustees, which was supported by all SHAC members in attendance. (Arianna Bankston approved and second by David Reed)

GCCISD SCHOOL HEALTH ADVISORY COUNCIL COMMITTEES 2021-2022**SHAC Sub-Committees**

Health Education / Physical Education & Physical Activity Subcommittee

Family Involvement/Community Engagement / Health Services Subcommittee

Employee Wellness / Mental Health & Counseling Subcommittee

Nutrition Services Subcommittee

Expected Outcome:

Proclamation 2022 letter, Feedback and informational

School Health Updates:

Health Education/Physical Activity & PE

A. Meeting before the Texas Association of School Board Consultant to propose a wellness policy (March 21, 2022).

1. Ms. Kennington shared that an ad hoc committee will be formed of SHAC members and additional district personnel. The committee will meet in person in April to develop the wellness plan. SHAC members will be sent an email with in-person meeting dates if they want to serve on the committee.

B. Community Engagement / Health Services Committee

Upcoming Opportunities/Events

Lee College Health Fair March 29th, 2022, 1-4pm (Dr. Rosemary Coffman)

Hearts and Hand Food Distributions

Be Well Baytown Day October 15th, 2022 (9am-12pm) Mrs. Kennington

Raffle (Sec. Nelson) and gifts distribution (Ms. Kennington)

Several individuals won prizes.

SHAC Executive Committee Officers:

Sain R- Edwards - SHAC (Parent) Co-Chair

Michelle Nelson - SHAC (Parent) Secretary

Amanda Kennington - SHAC (District Employee) Chair/Facilitator

Committee Chair (Parents) Brittney Janowski; Kim Kosteck; David Reed; Laura Rupp

Committee Co-Chair (District Employee) Tim Bailey; Patrick Brown Sr.; Stephanie Myers;

Natalie Edwards

SHAC Liaison: Dr. Matthew Bolinger

SHAC District Administrators/Campus Representative

Lee Martinez

Amanda Kennington - SHAC Chair

Leticia LeGrair

Tim Bailey

Patricia Pena

Ruth Carrillo

Maria Ramirez

Patrick Brown Sr.

Sam Chapa

Stephanie Myers

Thresa Caldwell

Natalie Edwards
Christy Clement
Madison Gallagher
Myra LaVergne
Roslyn Scott
Diane Slack
Joella Whitley
Sarah Hix
Kevin Wrobleski

Parent SHAC Members

Apricelle Thornton
Nelva Benavides
Sain R- Edwards - SHAC Co-Chair
Laura Shostak
Brittnee Janowski
Becci Dunn
Angela Servantes
Laura Rupp
Michelle Nelson - SHAC Sec.
Susana Herrera-Toledo
Jazmin Eaglin
Lilia Camacho
Timika Lee
Kim Kosteck
Stephen Griffin
Beverly Kegler
Jessica Sims
Marilyn Herredia
Orianna Bankston
Ashley Cox
David Reed
Nicole Sonnier
Kerry Rickard
Synthia Almanza
Lillian Sockwell

SHAC Community Member

Kara Ihegdibo
Kaci Pena
Rosemary Coffman

Announcements Shared by Mrs. Kennington

Future meeting Time & Dates:
05/10/2022 (4:30-6:00pm)
Closing Remarks-Ms. Kennington (Chair)

Floor Opened to Questions

Meeting Adjourned

Ms. Kennington thanked members for attending, and the meeting concluded at 5:49 pm on the above date.

DRAFT