



GOOSE CREEK CISD
SCHOOL HEALTH ADVISORY COUNCIL



1

SHAC Meeting November 09, 2021

Welcome & Call to Order – The SHAC meeting was called to order by Sain R- Edwards - SHAC Co -Chair 2021-2022 and Facilitator on Tuesday, November 09, 2021, at 4:37 PM. The meeting was held in person at the GCCISD administration building.

Overview of SHAC logistic information and rules and guideline for communication

Mr. Edwards (SHAC Co- Chair and Facilitator of the meeting) reiterates the importance of managing information, control, and measuring how information is being internalized and transcends within and out of the organization. The rules and guidelines were established for staying on topic moreover, meeting norms and what is ahead of the meet agenda such as celebration and majority rule in any decision process. Last, but not least the officers (Ms. Kennington Chair, Sain-R Edwards Jr. Co-Chair and Michelle Nelson -Secretary) reintroduce themselves as part of the reflection of the orientation meeting where members were elected.

Committee attendees/Roll call (Mr. Edwards)

Synthia Almanza, Adam Bailey, Orianna Bankston, Nelda Benavides, Theresa Caldwell, Samuel Chapa, Christy Clements, Rosemary Coffman, Ashley Cox, Jazmine Eaglin, Sain-R Edwards Jr., Marilyn Heredia, Susana Herrera-Toledo, Kara Ihegdibo, Amanda Kennington, Timika Lee, Leticia LeGrair, Lee Martinez, Michelle Nelson, Patricia Pena, Kaci Pena, Maria Ramirez, David Reed, Kerry Rickard, Laura Rupp, Roslyn Scott, Diane Slack, Joella Whitley, Kevin Wroblewski
(Quorum was established/met)

Community Organization

Mr. Edwards expressed appreciation to the SHAC members, and special attendees from the various schools and organizational leaders within the district for coming out and support while we are in the process of beginning re-establishment and creating a vision for the council. Mrs. Kennington's role is to garner support and facilitate importance of SHAC; bring recommendations and resources as well as pertinent information and people to the table to help inform the council in their decision-making; She sees this as being a strategic plan that will take time to have measurable results; Creating a culture in an environment that focuses on Wellness and using the Whole School, Whole Community, Whole Child (WSCC) model as the focus to promote health and academic success.

Community Communication



GOOSE CREEK CISD
SCHOOL HEALTH ADVISORY COUNCIL



2

Ms. Kennington, stated that SHAC meetings are closed to the public, allowing appointed members, and invited guests, also all questions and concerns may be shared to the organization website (SHAC@gccisd.net) and shared with SHAC executive members.

Introduction and Recognition of Guest

Mr. Edwards, welcome all quest as they introduce themselves, including our new District (GCCISD) Dietician J. Saenz.

SHAC Celebrations

Ms. Kennington (Chair) Introduce:

Mr. Tim Bailey- Work as a P.E coach (Alamo Elementary) and part of the CATCH (district health program) who gives highlights about the program, such as the mission, vision and possible outcome as the program develops.

Ms. Kaci Pena- (United Way) stated the organization advocating and breaching the gap by Partnering with GCCISD and using free bulleted Bay Connect link, agencies, mentors, teachers, volunteer and using tracking device focusing on education and groundbreaking work, as the one recently completed (Lamar Elementary) which ended three (3) high school children awarded job. United Way will have another meeting before Thanksgiving break, urging members to be a part of the mission.

Patricia Pena- (Health Services Coordinator) Stated that it's not mandated for nurses to be on campuses according to state, but nurses are going about and beyond keeping students safe, and maintaining their health records, while they are continuously seeing shortage and needing more nursing assistants to assist nurses.

Lee Martinez- (Director of Athletics & Pe) Extensive work on scope and sequence during the summer adding structure and potent information throughout the district schools that finally aligned with a curriculum, having everyone on the same page without taking away the creativity out of the teachers. Last, but not least he thanks teachers and district personnel for their collaboration in making the project a success.

Kevin Wroblewski (Associate Director of Science HS Health) Adopting new health resources, due to being outdated (far back as 2005 and possible caption from 1985) TEA will be only approving one vendor to breach this gap, since Texas was finally adopted TEA, since last 16 years. Mr. Wroblewski will be trickling down the information to the teacher of the six (6) science campuses, such as electronic copies, while the hard copies become available with the expectation on working on curriculum in the coming summer.



GOOSE CREEK CISD
SCHOOL HEALTH ADVISORY COUNCIL



4

Rosemary Coffman (Community Rep-Lee College) Discussion on escaping the vape, hosted by a Dr. and collaborating with Chick-Fil-A on November 18, 2021. Lee College (Randall Hall)

Ms. Carla- November 18, 2021, Lee College will have additional resources as a form of outreach for the public

Spin the SHAC Wheel

Rosemary Coffman- (Won \$25.00)

Lillian Sockwell (Won \$25.00)

SHAC Executive Committee Officers:

Sain R- Edwards - SHAC Co Chair

Michelle Nelson - SHAC Sec.

Amanda Kennington - SHAC Chair

Committee Chair (Parent) Brittney Janowski

TBD Kim Kosteck David Reed Committee Co-Chair (Employee) Tim Bailey Patrick Brown Sr.

Stephanie Myers Natalie Edwards

Kevin Wrobleski

Liaison: Mr. Bolinger

District Administrators Campus Representative

Lee Martinez

Amanda Kennington - SHAC Chair

Leticia LeGrair

Tim Bailey

Nelva Benavides

Patricia Pena

Ruth Carrillo (Campus CS3)

Ruth Carrillo

Maria Ramirez

Patrick Brown Sr.

Sam Chapa (District Rep)

Synthia Almanza

Stephanie Myers

Thresa Caldwell



GOOSE CREEK CISD
SCHOOL HEALTH ADVISORY COUNCIL



5

Natalie Edwards
Christy Clement
Madison Gallagher
Myra LaVergne
Roslyn Scott
Diane Slack
Joella Whitley
Sarah Hix Pat Dwyer* Apricelle Thornton

Parent Committee Members

Sain R- Edwards - SHAC Co-Chair
Laura Shostak
Brittnee Janowski
Becci Dunn*
Angela Servantes*
Laura Rupp
Michelle Nelson - SHAC Sec.
Susana Herrera-Toledo Jazmin Eaglin
Lilia Camacho
Timika Lee
Kim Kosteck
Stephen Griffin*
Beverly Kegler*
Jessica Sims*
Marilyn Herredia
Orianna Bankston
Ashley Cox
David Reed
Nicole Sonnier*
Kerry Rickard

Community Committee Member

Kara Ihegdibo
Kaci Pena
Rosemary Coffman -



GOOSE CREEK CISD
SCHOOL HEALTH ADVISORY COUNCIL



7

- VII. Sub-committee & Roles – Health, PE & Physical Activity; Nutrition Services; Family Engagement & Community Involvement/Employee Wellness; Health, Counseling & Mental Health Services; Ad Hoc Committees
- VIII. SHAC Function – SHAC Regular Meetings; Subcommittee Meetings; Final report to the Board by June 2021
- IX. Impact on SHAC on students - Student’s health depends on everyday practice of healthy habits; Promoting healthy behaviors during childhood is more effective than changing unhealthy adult habits; Healthy students have: Increased academic achievement

3. GCCISD Coordinated School Health Update

Mrs. Kennington introduced district leaders of each component to discuss what is happening in the district with coordinated school health. The report is as follows:

Nutrition Services Updates - Registered Dietitian- J. Saenz

- Our district website provides access to all menus, curbside locations, catering options and up to date information on how we are feeding the district.
- Menus are developed to follow the National School Lunch/Breakfast Program guidelines established by the USDA while snacks sold on campus meet the School Nutrition Policy Healthy Hunger-Free Kids Act Smart Snacks. o Parents can view our menu and nutrition facts on our Nutrislice website, where they can also filter menu items by the top 8 allergens.

Amanda Kennington, Healthy Community School Coordinator

- 22 campuses have formed Campus Wellness Teams and are creating a strategic plan to implement coordinated school health efforts with assistance from the Healthy Community School Coordinator
 - The Campus Wellness Team is a corollary of the SHAC and will address all the components of WSCC at the campus level. Representatives from campus administration, PE and classroom teachers, specialists (nurses/counselors), parents, and nutrition staff are encouraged to participate at each campus.
 - Whole Child Initiatives tab has been created under Community on the GCCISD website to communicate health and wellness efforts and policies.

Closing Remarks-Ms. Kennington (Chair)



Told the story behind the Creating Positive Change through a pyramid model, suggested by a dr. which she found interesting and informative, also she thanked all members and guests for their attendance.

Announcements Shared by Mrs. Kennington

Future meeting Time & Dates:

01/18/2022 (4:30-6:00pm)

03/15/2022 (4:30-6:00pm)

05/10/2022 (4:30-6:00pm)

Executive Committee Meeting

November 15, 2021, 10-11am Via WebEx

4. Floor Opened to Questions

Questions at Large for Ms. Rebecca Grant’s Letter of Support

“I would just like to know if parents will have the option to opt out.” ---Kerry Rickard

“Once the data is recorded and read what are we doing with it? Is there a plan once the information is reviewed?” No Name Given

“I want to see information backing up the reasons for getting these devices (i.e., proof that just because the student’s heartbeat is faster, they will learn better) My heart beats faster anytime I take a test. Does this mean I learn better? I will agree that a healthy diet does aid in learning. I want more proof for this!! Using the reasoning for this, what next? Riding a stationary bike during a lecture? Walking in place during testing? I can’t see how this will produce better grades!!” Laura Rupp

“For Clarification- Do these devices track anything else other than heart rate? Oxygen Level? Who will all have access to the data besides the school and parents? Will the technology company have access to this data? School district? Will parents be given the option to opt in and opt out?” ----Lillian Sock-well



GOOSE CREEK CISD
SCHOOL HEALTH ADVISORY COUNCIL



Meeting Adjourned

Mr. Edwards Jr. thanked members for attending, and the meeting concluded approximately 5:47pm on the above date.