



# Goose Creek CISD School Health Advisory Council Meeting

Thursday, February 11, 2021

## Meeting Minutes

- 1. Welcome and opening remarks** - The SHAC meeting was called to order by Amanda Kennington, GCCISD Healthy Community School Coordinator/ 2020-2021 SHAC Chair and Facilitator on Thursday, February 11, 2021 at 5:01pm. The meeting was held virtually through the WebEx platform.

### SHAC Members in Attendance:

**Parent:** Shaunna Bernshausen, Kimberly Cooley, Sain- R Edwards Jr., Felinda Frederick, Laura Gill, Dorothy Haraminac, Renee Jones, Kim Kosteck, Timika Lee, Keni Ornelas, LaRhea Pierson, Natalie Robinson, Juanita Sanchez, Kristin Sickle, Michael Springer, Irais Torres, and Danira Zamora; **GCCISD Staff:** Thresa Caldwell, Ruth Carrillo, Joslyn Carstensen, Natalie Edwards, Amanda Kennington, Stephanie Myers, Patricia Pena, and Kevin Wroblewski

Members and guests were welcomed and a quorum was established. Kennington shared the Common Goals & Purpose - Guiding Principles of the 2020-2021 SHAC as follows based on feedback from the General SHAC meeting in December and January subcommittee meetings:

- We will “Grow Healthy Giants” by dedicating our efforts to goals that will ensure that local community values are reflected in the decisions to meet the diverse needs of all students and that every child is healthy, safe, engaged, supported, and challenged.
  - We will work to support, educate, and communicate positive and engaging initiatives that provide support for the mental, social, and physical health and well-being of students, staff, and family in our community.
  - We will perform our duties as an advisory council with the overarching charge to make recommendations that involve opportunities for all students in GCCISD to improve learning and quality of life.
  - To that end, we will work to support a healthy and safe school environment that fosters learning by using the Whole School, Whole Community, Whole Child approach.
- 2. SHAC Celebrations** - Members were provided time for brief announcements and recognitions. Kennington shared that GCCISD was named the fourth top middle-income district in the state providing nutritious meals both throughout the normal school day and during the COVID-19 pandemic and congratulated the Nutrition Services team for their efforts. SHAC member Stephanie Myers, GCCISD Benefits Coordinator was recognized as a Giant of the month for January. Kennington represented the SHAC at the January school board meeting where the GCCISD Board of Trustees pledged to participate in the It’s Time Texas Community Challenge to encourage health goals in the community. SHAC members also recognize the efforts of the GCCISD Crossing Guards and Counselors commitment to safety and wellness of the students and staff we serve.
  - 3. Community Communications** - School Health Advisory Council meetings are closed to the public. Only appointed members and invited guests may attend. Any public questions or comments may be emailed to [SHAC@gccisd.net](mailto:SHAC@gccisd.net). The email shall be shared with members of the SHAC. There were not any email correspondence to share to date.
  - 4. Executive Committee/District Updates** - The Whole School, Whole Community, Whole Child (WSCC) model school components act as the hub that provides the full range of learning and health support systems to each child, in each school, in each community. Presenters provided updates from across the district on coordinated school health efforts.
    - A. Health Services Update** - **P. Pena, Coordinator of Health Services** shared information on ongoing student screenings - February- May; COVID vaccine 1A/1B; Ongoing COVID efforts on campus clinics; Required Immunizations. Invited guest, **P. Garza, Healthy Schools**

**Special Projects Coordinator** shared information on the All For Them project. The goal of the project is to increase HPV vaccination among youth living in medically underserved areas of Texas and implements three core strategies: 1. parent -focused social marketing campaign; 2. Comprehensive school-based vaccination clinics; and 3. Continuing nursing education for school nurses. Flyers and postcards are being distributed to middle and high school campuses in GCCISD.

- B. Activity in Safe & Secure Schools - A. Kennington** referred to the WSCC model and described the Physical Environment component as an important piece of the wheelhouse as school leaders have a responsibility to provide a healthy and safe learning environment for students and staff; protecting the health and safety of children and adolescents while in school is an essential part of any comprehensive education plan the physical environment of the school along with the social and emotional climate is essential to student academic success and overall well being. Kennington introduced invited guest **Robert Marquez, GCCISD Director of Safe & Secure Schools** as a leader that will be working to provide direction and oversight of not only the physical environment of the schools, school safety and emergency preparedness, but also will be working in partnership with members of our GCCISD SEL team to meet the needs of our school community. Mr. Marquez shared that he looks forward to working with the SHAC as needed.
- C. Health Education Update - Kevin Wroblewski, GCCISD Administrator of Science & HS Health** shared that the Health TEKS were revised in 2020 and that later this year the SBOE votes regarding Health Instructional materials under consideration based on the newly adopted TEKS. May of 2022 Texas public schools that have funding available can begin submitting orders for new materials and updated health resources.
- D. Physical Education Update - A. Kennington** shared
  - a.** Campus Wellness Teams completed the CATCH implementation survey in December and reported that finding time to teach and incorporate the health lessons, time to meet as a team, and time constraints due to protocols in place are main barriers to implementing the CATCH lessons at this time; Recommend continued support to classroom teachers by teaching Health lessons during PE; The CATCH implementation survey also provided data that activity breaks are being encouraged and incorporated into all subjects at the K-8th grade campuses; Encouraging staff wellness at their campus by providing opportunities and incentives for participation in activities such as the It's Time Texas Community Challenge, Health is Wealth Challenge, Step Challenge; Encourage campus leadership to research their campus improvement plans and work with district administrators to include goals and objectives for coordinated school health; K-8 Champions completed S-PAPA survey; Promoting CATCH during Virtual Family Engagement Events - Lamar offered prizes and partnered with Nutrition department
  - b.** Physical Educators are continuing to focus on what they can do with implementation of CATCH and promoting the schools coordinated school health efforts - information is being provided virtually to families; Sharing virtual lessons to engage students in activities and the language Go, Slow, Whoa foods; Encouraging school staff to role model healthy behaviors such as drinking water and the importance of hydration; Most PE classes at the elementary level are being held in classrooms and cafeterias due to COVID protocols
  - c.** Priority schools - Lamar, Ashbel Smith and Travis Elementary are considering hosting a Walk to School Event in the Spring in partnership with Harris County Public Health SRTS
- E. Employee Wellness Update - S. Myers, Coordinator of Benefits** shared that the Employee Wellness Center located at the Education Service Center (2610 N. Alexander Drive) is open for full-time employees (badge required) Monday through Friday 5am-9pm and Saturday & Sunday 8am-9pm. The district is tracking the time spent in the Wellness Center and tying it into incentives for the Wellness Program to promote a healthy environment for employees

to reach their fitness goals while reducing the absenteeism concerns at the campus. Clinic has moved to this new site as well.

- F. Nutrition Services Update - N. Edwards, Director of Food Services & J. Carstensen - Dietician** shared that they are still serving curbside at 6 locations and on asynchronous learning days we still operate curbside + curbside at the 3 main high schools; Ranked #4 by Kroger School Food Rankings for ensuring students are getting nutritious meals at school and curbside; Trying to return to normal and make school lunch fun and tasty; Upcoming promotion – National Muffin Day, Chili Day, Dr. Seuss day (elementary only); Chopped competition at Sterling on March 24; Now featuring Nathan’s Crunch Wrap, which is the winning dish from a previous student and has won national recognition.
- G. Counseling & Student Wellness Update - T. Caldwell, Coordinator of Behavioral & Mental Health** shared services: **FAMILIES COUNT** - The GCCISD Behavior & Mental Health Division in partnership with DePelchin Children's Center announces a new initiative, *Families Count*. This program provides free, office-based or telehealth counseling to children ages 3-17 and their families. Counselors address issues such as depression, anxiety, school problems, family conflict, and much more. For more information [click here](#) or contact Thresa Caldwell at 356-216-3232. To schedule your appointment today, call 713-558-3888 and ask for the Families Count program; **ENGAGING EDUCATORS: SOCIAL - EMOTIONAL SUPPORT FOR EDUCATORS SERIES** - The The GCCISD Behavior & Mental Health Division in partnership with Mental Health America of Greater Houston & Depelchin Children’s Center presents the series via WebEx; Micro Learning Professional Development sessions for educators as specified in the Counseling & Students Wellness Department RE-Entry Plan. See [flyer](#) for details; and **ENGAGING PARENTS & FAMILIES IN EDUCATION SERIES** - The The GCCISD Behavior & Mental Health Division in partnership with NAMI presents a series of free Webex sessions for parents and other family caregivers of children and adolescents who have either been diagnosed with a mental health condition or who are experiencing symptoms but have not yet been diagnosed. All Webex sessions are 9am-10am & 5:30pm-6:30pm offered in English and Spanish. See [flyer](#) for registration link.
5. **Presentation: Counseling & Student Wellness - Dr. Reimonenq, Director of Social & Emotional Learning and Student Wellness** explained the division of the district's Counseling & Wellness Department as well as information on the programs that are offered. A video of calming areas for staff was also shared.
6. **Presentation: School Physical Activity Policy Assessment (S-PAPA) - A. Kennington, SHAC Chair** shared the results of the S-PAPA survey. According to EHAA (Legal), the SHAC shall consider and make policy recommendations to the district concerning the importance of daily recess for elementary school students. The Physical Education and Physical Activity Subcommittee established that increasing physical activity through recess as a priority and requested the School Physical Activity Policy Assessment (S-PAPA) survey be conducted at all K-8th grade campuses to assess physical activity policy related to physical education, recess, and other physical activity opportunities at elementary schools. The main points and conclusion to the survey is as follows: PE is part of the formalized curriculum; District PE policies are more prevalent; District PE policies are more important for physical activity beyond PE increase odds of more recess minutes, recess scheduled daily, recess supervisors receiving training, recess supervisors plan organized activities; There were fewer adopted recess policies, especially at the district level; Data suggests that district rather than school level policies have greater implication to affect PE and recess time provisions; Time and resource investments in accordance with both PE and recess recommendations might require district level recess policies; It was also noted that the PE & PA SC will be surveying SHAC members via email to ensure local community values are reflected in policy recommendations made to the district concerning the importance of daily recess for elementary school students according to TEC 28.004 (I-1)
7. **Presentation: Status of School Recess in Texas School Districts - Kara Ihedigbo, School Health Consultant, Healthy Living Matters** provided a look into best practices, potential obstacles, and a path forward to ensure students in Texas have access to recess. Ihedigbo also shared information on the Youth Ambassador program.

## 8. Action Item - Reading and approval of minutes - A. Kennington

Meeting minutes and requests for edits for the meeting on [Dec. 10, 2020 Meeting Minutes](#) were shared via email to all SHAC members. Revisions were made based on feedback. A summary reading overview was provided by the SHAC Chair. A motion from T. Caldwell was made to approve the minutes and seconded by K. Kosteck. The members voted via WebEx and the motion passed.

## 9. Next meeting

- Upcoming Community Events & Partner Resources were shared on Google Drive.
  - **February Family Engagement & Community Involvement Share:**
    1. What's Happening In Baytown - <https://www.wikido.com/us/tx/baytown>
    2. Things to do in Baytown in February & March-  
[https://linkprotect.cudasvc.com/url?a=https%3a%2f%2fmclifehouston.com%2fthings-february-march-around-baytown-texas%2f&c=E.1.UqkluE3fiLpbHFfDmPzADry3o9sWZZ7BIXtGaVO53hyP0u4tldr8EFXg0yN1yvG4bDGJBRDOZm7ibVgManuVJ31yqDYjrIW\\_Y10VsJ4plb\\_m3\\_vUBndnl8w.&typo=1](https://linkprotect.cudasvc.com/url?a=https%3a%2f%2fmclifehouston.com%2fthings-february-march-around-baytown-texas%2f&c=E.1.UqkluE3fiLpbHFfDmPzADry3o9sWZZ7BIXtGaVO53hyP0u4tldr8EFXg0yN1yvG4bDGJBRDOZm7ibVgManuVJ31yqDYjrIW_Y10VsJ4plb_m3_vUBndnl8w.&typo=1)
    3. Learn Disc Golf -  
<https://drive.google.com/file/d/1lw329ogNApl0ajL9v4z4MErUclHON5Ct/iew?usp=sharing>
    4. Shape America Mind & Body Calendar - [Elementary Spanish](#); [Elementary English](#); [Secondary Spanish](#); [Secondary English](#)
  - **Virtual Learning -**
    1. [School Meals Fact or Fiction](#)
    2. [SHACs In Action Part 1](#) Tuesday, March 30 11-1pm
    3. [SHACs In Action Part 2](#) - Wednesday, March 31 11-1pm
  - **Health Flyers -**
    1. HPV Facts -  
[https://drive.google.com/file/d/1c\\_pdMSgkzew6itUOXKDVnNoFGkAZKG6qY/view?usp=sharing](https://drive.google.com/file/d/1c_pdMSgkzew6itUOXKDVnNoFGkAZKG6qY/view?usp=sharing);
    2. All For Them -  
<https://drive.google.com/file/d/1tifPQqi9trhQW7Mx5z69WlrgNy4ySGuW/view?usp=sharing>;
    3. [Engaging Parents](#);
    4. [Engaging Educators](#)
  - **Resources-**
    1. Save The Date (APRIL) Baytown Expo  
<https://drive.google.com/file/d/1skqGZ8xdR-occ2mJ1WwcBjHCRaCAOsca/view?usp=sharing>
    2. Available Resources During COVID -  
<https://drive.google.com/file/d/13dvJ7SkiKq7-4QYleq-RHmR9UNq9Aws1/view?usp=sharing>
    3. COVID-19 Assistance -  
<https://drive.google.com/file/d/1oxTQVtrF4gpu9csuJotWcZPEjUkV85i/view?usp=sharing>
    4. [Celebrate Black History Month - Resources](#)
    5. [Veteran Lee College Opportunity](#)
- Subcommittee Meeting: March 2021 - TBD via Doodle Poll (email to follow)
  - SHAC members and Ad Hoc members may attend any SC meeting
- Future SHAC General Meeting: 4/15/21
- [Spin The SHAC Wheel](#) Winners 1. Caldwell, 2. Rone, 3. Edwards

## 10. Adjourn - Meeting adjourned at 6:32pm

Note - Time did not permit convening in break out sessions for subcommittee groups. A poll will be sent to SHAC members to determine dates for March subcommittee meetings.

## CHAT Questions & Answers -

### Waiting on a response to report:

Would this department be the one that looks at the psychological affect of labeling and address it? (Labels like "I'm bad at math" because a student was placed in math models?)

SHAC Member Question: "Who can speak to the mask breaks that students have in classrooms (that are not particularly well-ventilated)?" *Coordinator of Health Services response: Speak with the campus principal for this concern. Resources: [Safe Return to School Plan](#) and the [Mask Protocol](#)*

SHAC Member Question: "Which elementary schools don't have playgrounds?" *Coordinator of Healthy Community Schools responded (Re: SPAPA Conclusion): Every elementary campus has at least one playground, most have two, this was just an example of barriers to recess. The data indicates that one barrier to recess may be resources such as playground equipment, play structures (not necessarily playground itself), playscapes, etc.*

SHAC Member Question: "Can we add the training to our considerations for this year priorities?" *Coordinator of Healthy Community Schools responded: Can you provide context/more information on your question? Is this regarding cyber security/safety; who would be trained (staff, students, SHAC); is there a specific program/company providing training?*