

New!

GCCISD Wellness Program

2022–2023

Each 30 minute workout per day is equivalent to 40 points.

Program starts October 1, 2022

Level 5

Earn 5000 points in a semester, get a GCCISD award and board recognition.



Level 4

Earn 4000 points in a semester, get a GCCISD wellness champion shirt.



Level 3

Earn 2500 points in a quarter, get a GCCISD fitness watch.



Level 2

Earn 2000 points in a quarter, get a GCCISD yeti cup.



Level 1

Earn 1200 points in a quarter, get a GCCISD water bottle.

