



Meeting Minutes for Feb. 28, 2023

Goose Creek CISD School Health Advisory Council Meeting

A. MEETING DETAILS

- **Meeting Facilitator:** Amanda Kennington, SHAC Chair
- **SHAC Co-Chair:** David Reed, Parent Co-Chair
- **SHAC Secretary:** Anna Rodriguez
- **Date:** Tuesday, February 28, 2023
- **Time:** 5-6pm
- **Location:** GCCISD Administration Building - Board Room
- **Type:** General Meeting

B. COMMENCEMENT OF MEETING

- **Meeting was called to order by Mr. Reed at 5:04pm**
 - Note: The Executive Committee approved the meeting agenda prior to distribution to the SHAC members. Communication to SHAC members sent via email and notice was shared with the community via GCCISD SHAC Website and posted in the central office of every campus.
- Mr. Reed provided notice of meeting recording & SHAC Guiding Principles.
- **ATTENDANCE:**
 - **Quorum met.** 25/47 appointed members in attendance at time of roll call.
 - **Appointed member attendees:** Jonathan Abston, Natalie Arteaga, Steven Bingham, Thresa Caldwell, Amber Carter, Sam Chapa, Ashley Cox, Natalie Edwards, Emily Emmons, Jamari Gilbert, Brittany Griffith, Allison Halladay, Wes Hines, Amanda Kennington, Trent Manuel, Mirtha Morales, Stephanie Myers, Patricia Pena, Kaci Pena, Maria Ramirez, David Reed, Nawase Sherman, Diane Slack, Eric Teguia and Sandra Encinas.
 - **Invited guests in attendance:** Precious Reimonenq (Director of Social Emotional Learning & Student Wellness), Carrie Smith (Director of Student Services), Angela Dunson (PE Teacher, Travis Elem.), Lori Rumfield (Healthy Schools Special Projects Specialist), Kristyn Cathey (Director of Communications/SHAC District Leader Liaison)
- **COMMUNITY COMMUNICATIONS** - In an effort to increase transparency, meeting agendas and audio of all special open and general SHAC meetings are provided on the [GCCISD SHAC website](https://www.gccisd.net/page/wlms.home). Public questions, comments, or concerns may be emailed to SHAC@gccisd.net. The email shall be shared with the Executive Committee of the SHAC.

C. ACTION ITEMS

- Motion to approve the September 27, 2022 and November 29, 2022 SHAC General Meeting Minutes made by **Mirtha Morales** and seconded by **Steven Bingham**.
- **Members voted unanimously to approve and motion passed.**

D. DISTRICT REPORT - Amanda Kennington, the SHAC Facilitator, provided status of the new wellness plan which measures the implements the wellness policy goals and objectives. Campus evaluations are pending which will increase the percentage of activities and objectives met toward the policy goals. The CATCH K-8 Implementation surveys are due at the end of each grading period and all campuses K-12 have been requested to complete a Healthy School Assessments by March 31, 2023. Campus Whole Child Wellness Award due April 11, 2023. Reach out to Amanda Kennington (amanda.kennington@gccisd.net) for more information.

Email SHAC@gccisd.net for questions or concerns.

Visit **GCCISD SHAC Website** for more information <https://www.gccisd.net/page/wlms.home>

E. COMMITTEE REPORTS - Mr. Reed shared that the subcommittee serves the SHAC's decision-making process and that they are the focal point for SHAC activity as they gather information and analyze available data. The subcommittees are not required to take minutes of the meetings, but are to report any findings and share and recommendations for consideration of the full SHAC.

- **Nutrition Services Subcommittee:**- Natalie Edwards, Director of Nutrition Services shared that SC addressed community concerns through surveys, student focus groups, campus cafeteria tours. Nutrition Services participated in Goose Talks Podcast. SC requests that administrators at all campuses ensure procedures are in place to maximize the time a student has for lunch and minimize time waiting in line.
- **Health Ed./PE & Physical Activity Subcommittee:** Amanda Kennington, Healthy Community School Coordinator shared that CATCH Family Nights are a success and offer an opportunity for families and staff to engage in nutrition education and physical activity. Fliers will be emailed to SHAC members to upcoming events. Mrs. Kennington requested to table the 2023 S-PAPA Report until the SC has reviewed and had an opportunity to make recommendations. Mr. Reed agreed and Mrs. Kennington will determine a meeting date and communicate with all SHAC members. The subcommittee meetings are optional. Any guests that would like to be in the subcommittee meeting may reach out to SHAC@gccisd.net.
- **Health Services/Employee Wellness/Mental & Social Emotional Health Subcommittee:**
 - Patricia Pena, Health Services Coordinator, celebrated the Giant Parent Fair had 150 participants and 46 vendors.
 - Stephanie Myers, Director of Employee Wellness shared that the Employee Wellness Fair hosted January 3rd impacted 302 employees and over 40 vendors participated. Ms. Myers also honored the 196 participants for the GC Fitness Center program and reported 953 recorded workouts for the fall semester. 11 participants received multiple awards for having 1200 or more points! The Employee Wellness Survey is due March 1, 2023. The SC will schedule a meeting to review the survey data and allow members to provide feedback and recommendations to the Employee Wellness Department. Ms. Kennington will share meeting information with all appointed members once determined; the meeting is optional. Any guest interested in participating in the SC meeting may email SHAC@gccisd.net.
 - Thresa Caldwell, Coordinator of Behavior & Mental Health, reported information on resources available to the community, celebrated community partners and created awareness of the services provided to GCCISD students, families and staff. Some examples include: Engaging Parents & Families; Engaging Educators; Wellness on the Go; Anti-bullying Committee.
- **Family Engagement/Community Involvement Subcommittee:** Sam Chapa, GCCISD Warehouse Foreman/District SC Chair reported that the committee met a few times to discuss promoting It's Time Texas Community Challenge. Meetings were productive. Schools are well engaged and participation nearly doubled compared to last year. The challenge ends this week. The committee would like us to finish strong by reporting healthy actions. The committee would like to continue strategizing on ways to increase engagement at the secondary level. The SC recommends that all campuses communicate opportunities for physical activity and the use of the district and community recreational facilities outside of the school day. Lori Rumfield, GCCISD Healthy Special Project Specialist shared information about opportunity to participate or volunteer at the community Family Gator Ride (fliers will be emailed to members).

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F. **PRESENTATION - FENTANYL RESPONSE:** Amber Carter, Coalition Coordinator of BACODA presentation to educate and inform SHAC on the dangers of Fentanyl. Resources from TEA in support of parent and student education. Youth mortality rates, working with families affected by Fentanyl, resources for schools and communities. Patricia Pena shared the district response - Narcan provided to all school nurses and police officers. Training was provided to all nurses. Future opportunities are being discussed, and a potential event in April is in the planning phase.

- SC agreed to a meeting to discuss educational opportunities and potential communications.
- Amber Carter suggested the committee review the Texas Survey data on Drugs & Alcohol and use the resources provided by TEA.
- Ms. Kennigton will share SC meeting information once determined. Meeting is optional. Guests that would like to be included in the subcommittee meeting may email SHAC@gccisd.net

G. **CLOSING/ADJOURNMENT:**

- Amanda Kennington will share flyers via email for upcoming opportunities in our community and online.
 - Lee College Freedom From Smoking Sessions March 21-May 2
 - Lee College Health Fair: April 4
 - Hearts & Hands - Food Distribution Resources: March
 - Hearts & Hands - Family Gator Ride: March 11
 - MD Anderson - Community Outreach
 - Action For Healthy Kids Webinar
 - Future subcommittee meetings - TBD: Email notification
 - SHAC General Meeting #4 – April 18, 2023, 5-6pm, GCCISD Administration Building
- David Reed shared that suggestions for agenda topics for the next meeting can be emailed to SHAC@gccisd.net.
- **David Reed thanked members for volunteering their time and adjourned the meeting at 6:18pm.**

Note: Amanda Kennington will direct the following member questions (submitted via post-it note) to the appropriate presenter or district lead and request a follow up answer be provided in future meeting discussion.

1. *What are the symptoms of Fentanyl overdose?*
2. *Is mental health under a different part of the GCCISD Board goals?*

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