



# Meeting Minutes for April 18, 2023

## Goose Creek CISD School Health Advisory Council Meeting

### Approved - Virtual Vote

#### A. MEETING DETAILS

- **Meeting Facilitator:** Amanda Kennington, SHAC Chair
- **SHAC Co-Chair:** David Reed, Parent Co-Chair
- **SHAC Secretary:** Anna Rodriguez
- **Date:** Tuesday, April 18, 2023
- **Time:** 5-6pm
- **Location:** GCCISD Administration Building - Board Room
- **Type:** General Meeting

#### B. COMMENCEMENT OF MEETING

- **Meeting was called to order by Mr. Reed at 5:05pm**
  - Note: The Executive Committee approved the meeting agenda prior to distribution to the SHAC members. Communication to SHAC members sent via email and notice was shared with the community via GCCISD SHAC Website and posted in the central office of every campus.
- Mr. Reed provided notice of meeting recording & SHAC Guiding Principles.
- **ATTENDANCE:**
  - **Quorum met.** 22/37 appointed members in attendance at time of roll call.
  - **23 Appointed member attendees:** Heather Alarcon, Natalie Arteaga, Thresa Caldwell, Christy Clement, Sam Chapa, Ashley Cox, Natalie Edwards, Emily Emmons, Jamari Gilbert, Sandra Encinas, Allison Halladay, Wes Hines, Amanda Kennington, Kim Kosteck, Mirtha Morales, Stephanie Myers, Patricia Pena, Kaci Pena, Maria Ramirez, David Reed, Anna Rodriguez, Nawase Sherman, Diane Slack.
  - **6 Invited guests in attendance:** Carrie Smith (Director of Student Services), Sherry Young (PE Teacher, Harlem Elem.), Lori Rumfield (Healthy Schools Special Projects Specialist), Melissa Fontenot (Counselor, EF Green), Eva Martinez (Nurse, EF Green), Maria Fernanda Zamora (GCCISD Admin Clerk)
- **PUBLIC PARTICIPATION** - In an effort to increase transparency, meeting agendas and audio of all special open and general SHAC meetings are provided on the [GCCISD SHAC website](#). Public questions, comments, or concerns may be emailed to [SHAC@gccisd.net](mailto:SHAC@gccisd.net). The email shall be shared with the Executive Committee of the SHAC. Executive Committee voted to

#### C. ACTION ITEMS

- Motion to approve the February 28, 2023 SHAC General Meeting Minutes made by **Sam Chapa** and seconded by **Mirtha Morales**.
- **Members voted unanimously to approve and motion passed.**

**D. DISTRICT REPORT** - Stephanie Myers, Director of Employee Wellness and Amand Kennington, the SHAC Facilitator, recognized the Community Challenge Top 10 GCCISD Staff. Amanda Kennington also provided an update to the status of GCCISD wellness plan objectives. 76% of campuses have submitted Healthy School Assessments and remaining campuses are encouraged to submit the required survey. The district received a 62% response rate on the 3rd 9-Weeks CATCH Implementation Surveys.

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K-8 campus staff are encouraged to complete the CATCH Implementation Surveys each grading period to provide feedback on coordinated school health programming. 50% (12/24) campuses submitted applications for the 2022-2023 Campus Whole Child Wellness Award. Recipients will be recognized at an upcoming Board of Trustees meeting. Reach out to Amanda Kennington ([amanda.kennington@gccisd.net](mailto:amanda.kennington@gccisd.net)) for more information. Member questions were answered regarding level of completion data.

- **ACTION ITEM** - Motion to continue with the current wellness plan objectives to be implemented in the 2023-2024 school year was made by **Kim Kosteck** and seconded by **Jamari Gilbert**.
- **Members voted unanimously to approve and motion passed.**

**E. PRESENTATION - COORDINATED SCHOOL HEALTH SPOTLIGHT - HARLEM Elem. C-SHAC** - Sherry Young, Harlem Campus School Health Advisory Committee Champion and PE Teacher shared the campus coordinated school health activities.

**F. COMMITTEE REPORTS** - Mr. Reed shared that the subcommittee serves the SHAC's decision-making process and that they are the focal point for SHAC activity as they gather information and analyze available data. The subcommittees are not required to take minutes of the meetings, but are to report any findings and share and recommendations for consideration of the full SHAC.

- **Health Ed./PE & Physical Activity Subcommittee:**
  - Amanda Kennington, Healthy Community School Coordinator shared that CATCH Family Nights are a success and offer an opportunity for families and staff to engage in nutrition education and physical activity.
  - Mrs. Kennington shared that 4 GCCISD Elementary PE teachers will be presenting at Texas Association Health Physical Education Recreation & Dance state Summer Conference and the Junior School PE teachers will be participating in summer professional development for *Choosing the Best* curriculum.
  - Mrs. Kennington provided an analysis of the 2023 School Physical Activity Policy Assessment results. The subcommittee recommended that recess guidelines be added to administrative regulation (GCCISD Wellness Plan) to occur and be measured on all elementary campuses. It is the recommendation of the committee to continue to pilot active recess interventions at elementary school campuses and that schools use all opportunities for students to be physically active using a multi-component approach.
- **Health Services/Employee Wellness/Mental & Social Emotional Health Subcommittee:**
  - Stephanie Myers, Director of Employee Wellness shared that the district plans to reopen the Employee Wellness Assessment in April to increase response rate.
  - Members celebrated Employee Assistance Program (EAP) and the work between the Employee Wellness and Social Emotional Learning Department
  - Resources and information can be found on the district website Benefits page & via News of the Day and email
  - Recommendation to continue to provide resources, mental health supports and develop perspectives through wellness education for all staff.
- **SHAC Nominations Committee:**
  - Committee held nominations for potential 2022-2023 SHAC Officers. Mrs. Kennington will provide members with the results of the election via email.

**G. CLOSING/ADJOURNMENT:**

- SHAC members were encouraged to complete an evaluation survey.
- Mrs. Kennington will email members the date for the SHAC Board Report. Member attendance is optional.
- SHAC members were encouraged to complete 2023-2024 SHAC Membership Application

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and share with potential members. <https://form.jotform.com/231004227838148>. The SHAC website will be updated with application information or email [SHAC@gccisd.net](mailto:SHAC@gccisd.net) for a paper copy. Applications are due July 21, 2023.

- **The 2023-2024 General SHAC Meeting Dates were shared-** September 26, 2023; November 28, 2023; February 20, 2024; April 23, 2024
- **David Reed thanked members for volunteering their time and adjourned the meeting at 6:12pm.**

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