

Goose Creek CISD Wellness Policy Evaluation

	Not In Place	Developing a Plan/Partially in Place	Meets Standard	Exceeds Criteria	Score
Points	0	1	2	3	
Wellness Policy					
1. A wellness policy that meets federal requirements in place.			The district has a wellness policy meeting all federal and state requirements, including a monitoring plan.		2
2. A wellness policy coordinator is designated.			A district wellness policy coordinator is designated is coordinating policy implementation.		2
3. A wellness policy advisory committee is in place.			A district wellness policy committee is in place.		2
4. A process evaluation system for monitoring the implementation of the wellness policy is in place.			A process evaluation system to track success in the implementation of the wellness policy is in place at the district level.		2

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5. Priority/target student nutrition-related health needs/issues are identified.			Designated school staff have identified priority student nutrition-related health needs and plan for addressing these needs.		2
Wellness Policy Score					10
School Environment					
6. A nutritious school breakfast is available daily.				Model breakfast program is evident.	3
7. A nutritious lunch is available daily.				Model lunch program is evident.	3
8. A salad bar offering a variety of fruit/vegetable choices is available in the school meal program.				Model salad bar program is evident.	3
9. A safe and inviting location for students to consume meals, with sufficient time, is provided.				Innovative strategies are used to create a dining space that is pleasant and inviting.	3
10. A school garden is available on the school site.			A school garden is available for garden enhanced education		2
11. If foods are offered outside of the school meal program, foods available model healthy food choices.			All foods meet state and federal lasws/regulations.		2

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12. All beverages offered on the school premises model nutritious beverage selections.			Water is available to all students; all beverages available on the school premises meet state and federal requirements.		2
13. Marketing and media messages on the school premises reinforce food and nutrition education.				Healthy food choices are available on the school premises and marketed using innovative methods.	3
14. A place for students to engage in physical activity is available on the school premises.				School environment encourages physical activity.	3
School Environment Score					24
Student Education Programs					
15. Nutrition education included in classroom instruction.				Innovative nutrition education programs in place.	2
16. Nutrition education curriculum is used in the classroom.			Nutrition education curriculum is in use.		2
17. Nutrition education is based on health education standards and nutrition competencies.			Nutrition education is based on nutrition education competencies/health education standards.		2

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18. Nutrition education is integrated with and reinforced through the foods available on the school premises.				Nutrition education is reinforced through school menus. Nutrition associate manager is available for assistance.	3
19. Garden-enhanced instruction is included in the curriculum.				Food education is integrated with core subject area content.	3
20. Students participate in the school breakfast program.				More than 45 percent of students participate in breakfast daily.	3
21. Students participate in the school lunch program.				More than 67 percent of students participate in lunch daily.	3
22. Physical education is based on state physical education standards.			Physical education programs meet state requirements and use the state physical education standards as a guide.		2
Student Education Programs Score					20
Professional Development					
23. Teachers are trained in nutrition science and use of nutrition education curricula.		Staff participate in independent nutrition related training opportunities.			1

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24. Food service staff are trained in federal and state requirements, menu planning options, and nutrition science.				A comprehensive professional development program is in place; certification in professional organizations is encourage.	3
25. The garden coordinator is trained in garden-enhanced nutrition education.			The garden coordinator has participated in at least two hours of training relating to gardens and nutrition education		2
26. The school site has access to a nutrition education specialist for consultation regarding nutrition-related programs.		A nutrition associate manager specialist is available for consultation regarding nutrition-related programs.			2
Professional Development Score					8
Parent Involvement					
27. Nutrition education programs provide parent education materials reinforcing student instruction.			Nutrition education programs provide parent education materials reinforcing student instruction.		2

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28. Parents have opportunities for involvement in nutrition education.			Parents are participating in food and nutrition education programs.		2
29. Parent nutrition education/training programs are provided.				Parent food and nutrition education training/events are provided by the school.	3
Parent Involvement Score					7
Community Partnerships					
30. The school site participates in food and health/nutrition-related community programs, e.g. information regarding services is provided.				The school site is using innovative practices in participating or promoting community food and health/nutrition-related services; e.g. a school health clinic provides nutrition counseling for teens.	3
31. The school site involves local agriculture partners in food and nutrition education programs.		Coordination with the local agricultural community is in the planning process.			1

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32. Outside-of-school-hours programs (e.g. after school, summer feeding) reinforce healthy food choices and provide nutrition and health instruction.				innovative, model nutrition and health programs are provided in outside-of-school-hour programs, e.g. a summer school nutrition class coordinated with a summer feeding	3
Community Partnership Score					7
Possible Points - 96					
Total Points					76